

Curriculum Vitae, Lindsay

Anne R. Lindsay, PhD, M.S.

Associate Professor

University of Nevada, Reno; Cooperative Extension

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EMPLOYMENT

Associate Professor, Public Health & Physical Activity <i>University Nevada, Reno; Cooperative Extension</i>	2006 – Present
Owner/President <i>HealthWorks; Corporate Wellness Consultants, Inc.</i>	1997 – 2006
Health Promotion Director <i>Department of Energy/Nevada Test Site</i>	1989 – 1997
Senior Physical Director, Youth and Adult Program Leader <i>Pasadena YMCA, Santa Monica YMCA, Santa Barbara YMCA</i>	1978 – 1989

EDUCATION

University of Nevada, Las Vegas

January 2012 – Dec 2015

Degree: PhD, Public Health

University of Nevada, Las Vegas

September 1986 – August 1988

Degree: Master of Science, Exercise Physiology

University of California, Santa Barbara

September 1978 – June 1982

Degree: Bachelor of Arts, Ergonomics & Physical Education w/ Coaching Minor

EXPERIENCE

Currently responsible for promotion of physical activity and nutrition to help reduce the incidence of obesity and other health related issues through education and research within University Extension; conduct research, program development, implementation and evaluation in physical activity and health with emphasis in childhood obesity, seniors and health for women in substance abuse and correctional settings; oversight of external program funds through grants and other sources; provision of professional expertise and educational materials in exercise physiology and physical activity to other Extension educators and specialists in the University as well as the national and local community.

Previous experience included development and oversight of a multi-employer health promotion program with over 13,000 employees including laborers, administrators, firefighters, security forces, culinary and medical staff; implementation of additional worksite health promotion programs for corporations, small business, other government and non-profit agencies, hospitals and casinos; development and implementation of a health and body image program designed to augment existing broad-based drug prevention and community education programs for women and girls under correctional supervision, particularly those with children and families; and oversight of a large YMCA adult fitness center in the Los Angeles area including sports, aquatics, youth camps and school fitness programs; and collection and publication of the National YMCA Fitness Battery norms (used widely today, these norms are the largest fitness database ever to be published).

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GRANT RELATED ACTIVITIES

- Lindsay, A.**, Buffington, A., Cvilicek, S., Kim, Y., Weigel, D., Emm, S., Taylor, L., Cervantes, J., Gatzke, H., & Webber, K. (2018-19). University Nevada Cooperative Extension; Funded by *USDA, FNS, Supplemental Nutrition Assistance Program-Education (SNAP-Ed)* **\$1,875,670**
- Buffington, A., **Lindsay, A.** & Kim, Y (2017-18). Healthy Kids, Early Start Funded by *USDA, FNS, Supplemental Nutrition Assistance Program-Education (SNAP-Ed)* **\$705,880**
- Lindsay, A.** & Taylor, S. (2016-17). All 4 Kids[®]: Healthy, Happy, Active, Fit. Funded by *USDA, FNS, Supplemental Nutrition Assistance Program-Education (SNAP-Ed)* **\$252,334**
- John, D. (PD), Gunter, K. (PD), Manore, M., Etuk, L., Langellotto, G., Rennekamp, R. Nevada Partner: **Lindsay, A.**, Project Advisory Team Member (2011-16) GROW Generating Rural Options for Weight-Healthy Kids and Communities. Funded by *USDA, NIFA to Oregon State University* \$4,878,865 UNCE Subaward **\$30,000**.
- Lindsay, A.** & Perry, T. (2015-16). All 4 Kids[®]: Healthy, Happy, Active, Fit. Funded by *USDA, FNS, Supplemental Nutrition Assistance Program-Education (SNAP-Ed)* **\$251,957**
- Lindsay, A.** & Velasquez, S. (2015-16). Healthy Steps to Freedom. Funded by *USDA, FNS, Supplemental Nutrition Assistance Program-Education (SNAP-Ed)* **\$104,720**.
- Lindsay, A.**, Sigman-Grant, M. & Byington, T. (2014-15). All 4 Kids[®]: Healthy, Happy, Active, Fit. Funded by *USDA, FNS, Supplemental Nutrition Assistance Program-Education (SNAP-Ed)* **\$194,053**
- Lindsay, A.** (2014-15). Healthy Steps to Freedom. Funded by *USDA, FNS, Supplemental Nutrition Assistance Program-Education (SNAP-Ed)* **\$84,020**.
- Lindsay, A.**, Sigman-Grant, M. & Byington, T. (2013-14). All 4 Kids[®]: Healthy, Happy, Active, Fit. Funded by *USDA, FNS, Supplemental Nutrition Assistance Program-Education (SNAP-Ed)* **\$162,019**.
- Lindsay, A.** (2013-14). Healthy Steps to Freedom. Funded by *USDA, FNS, Supplemental Nutrition Assistance Program-Education (SNAP-Ed)* **\$122,513**.
- Lindsay, A.** (2013-14). SNAP-Ed Administration. Funded by *USDA, FNS, Supplemental Nutrition Assistance Program-Education (SNAP-Ed)* **\$9,133**.
- Lindsay, A.** & Byington, T. (2013-14). All 4 Kids. Funded by *Acelero Head Start Learning* **\$10,000**.
- Lindsay, A.**, Sigman-Grant, M. & Byington, T. (2012-13). All 4 Kids[®]: Healthy, Happy, Active, Fit. Funded by *USDA, FNS, Supplemental Nutrition Assistance Program-Education (SNAP-Ed)* **\$157,497**.
- Lindsay, A.** (2012-13). Healthy Steps to Freedom. Funded by *USDA, FNS, Supplemental Nutrition Assistance Program-Education (SNAP-Ed)* **\$112,559**.
- Lindsay, A.** & Byington, T. (2012-13). All 4 Kids. Funded by *Acelero Head Start Learning* **\$5,000**.
- Sigman-Grant, M., **Lindsay, A.**, Byington, T. (2009-13). Resiliency in an Obesogenic Environment. Funded by *USDA, NIFA, Agriculture & Food Research Initiative*, **\$1,100,000** (additional enhancement grant from Clark county: **\$50,000**).

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- Lindsay, A.**, Sigman-Grant, M., Byington, T. (2011-12). Child Care Physical Activity and Nutrition Modules. Funded by *State of Nevada, ARRA* **\$10,930**.
- Lindsay, A.**, Sigman-Grant, M., Byington, T. (2011-12). All 4 Kids: Healthy, Happy, Active, Fit. Funded by *USDA, FNS, Supplemental Nutrition Assistance Program-Education (SNAP-Ed)* **\$185,895**.
- Lindsay, A.** (2011-12). Healthy Steps to Freedom. Funded by *USDA, FNS, Supplemental Nutrition Assistance Program-Education (SNAP-Ed)* **\$115,416**.
- Lindsay, A.**, Sigman-Grant, M., Byington, T. (2010-11). All 4 Kids: Healthy, Happy, Active, Fit. Funded by *USDA, FNS, Supplemental Nutrition Assistance Program-Education (SNAP-Ed)* **\$147,765**.
- Lindsay, A.** (2010-11). Healthy Steps to Freedom. Funded by *USDA, FNS, Supplemental Nutrition Assistance Program-Education (SNAP-Ed)* **\$106,499**.
- Byington, T., Sigman-Grant, M., **Lindsay, A.** (2009-11) *Models of Supplemental Nutrition Assistance Program Education (SNAP-Ed) and Evaluation Demonstration Project*. Funded by *USDA, FNS* **\$100,000**.
- Lindsay, A.**, Sigman-Grant, M., Byington, T. (2009-10). All 4 Kids: Healthy, Happy, Active, Fit. Funded by *USDA, FNS, Supplemental Nutrition Assistance Program-Education (SNAP-Ed)* **\$135,164** (additional enhancement grant from Clark county: **\$50,000**).
- Sigman-Grant, M., **Lindsay, A.**, Byington, T. (2008-09). All 4 Kids: Healthy, Happy, Active, Fit. Funded by *USDA, FNS, Supplemental Nutrition Assistance Program-Education (SNAP-Ed)* **\$81,988**.
- Sigman-Grant, M., **Lindsay, A.**, Byington, T. (2007-08). All 4 Kids: Healthy, Happy, Active, Fit. Funded by *USDA, FNS, Supplemental Nutrition Assistance Program-Education (SNAP-Ed)* **\$67,893**.

AWARDS & HONORS

- 2018 2018 Postgraduate Course on Physical Activity and Public Health (Columbia, South Carolina), Graduate
- 2012 University of Nevada Cooperative Extension 2012 Faculty Award of Excellence
- 2012 USDA, National Institute of Food and Agriculture Partnership Award for Mission Integration of Research, Education and Extension (All 4 Kids Program)
- 2012 Western Extension Directors' Award of Excellence (All 4 Kids Program Award)
- 2012 Florence Hall Award, 3rd Place Regional Award, National Extension Association of Family and Consumer Sciences (*All 4 Kids* Program Award)
- 2012 Family Health & Wellness Award, 3rd Place *National* Award, National Extension Association of Family and Consumer Sciences (*All 4 Kids* Program Award)
- 2012 Family Health & Wellness Award, 2nd Place Western *Regional* Award, National Extension Association of Family and Consumer Sciences (*All 4 Kids* Program Award)
- 2012 USDA/Priester Health Award (All 4 Kids Program Award)
- 2010 Television, 3rd Place *National* Award, National Extension Association of Family and Consumer Sciences (for the *All 4 Kids* CD/DVD Media Project)
- 2010 Television, 1st Place Award, *Western Region*, National Extension Association of Family and Consumer Sciences (for the *All 4 Kids* CD/DVD Media Project)

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2009 Trophy award by Clark County School District for support of school PE programs

2008 Healthy Hero award by the Southern Nevada Health District

PROFESSIONAL SERVICE & EDITORIAL ACTIVITIES

2019-Present Graduate Faculty Status, University Nevada Las Vegas, School Public Health

2018-Present Graduate Faculty Status, University Nevada Reno, Nutrition Department (CABNR)

2017-Present National eXtension Opioid Crisis Response Team

2016-Present Nevada State Dietary Advisory Group, Member-at-Large

2016-Present Nevada State Early Childhood Education Obesity Steering Committee

2012-Present NCCOR, SNAP-Ed (RJWF) National Framework Evaluation Committee, Author, Ambassador (Published in 2016)

2013-Present American College of Sports Medicine (ACSM) Exercise is Medicine® – Community Health Committee, Co-Chair, National

2006-Present Partners for a Healthy Nevada Coalition

2016 University of Nevada Reno, Nutrition Faculty Search Committee

2015-2016 Committee Member, Chronic Disease Prevention Coalition, Southern NV

2013-2016 United States Department of Agriculture's Nutrition and Health Committee for Planning and Guidance (member by invitation); Chair, Subcommittee: Nutrition and Physical Activity

2014 Extension Public Values Development, Western Extension Directors Association (WEDA), San Diego.

2013-2014 W-2005 Multi-State Research Project (Officer, Secretary)

2006-2014 State Coordinator for the President's Council on Fitness, Sports and Nutrition

2013 Nevada Early Childhood Education (ECE) Obesity Prevention Workgroup

2013 Nevada Department of Education Food and Nutrition Standards Revision Team

2011-2012 Child and Adult Care Food Program Wellness Policy Committee (member by invitation)

2011-2012 National eXtension Initiative – Family, Food and Fitness Community of Practice (CoP) Behavior, Move Every Day (Co-Chair)

2008 MyPyramid for Preschoolers – Advised the HHS and United States Department of Agriculture's Center for Nutrition Policy and Promotion MyPyramid for Preschoolers content (by invitation)

2006-2008 America on the Move/National Institute of Food & Agriculture – Committee Member (by invitation)

AFFILIATIONS

American College of Sports Medicine (ACSM) & Southwest Affiliate - Member

National Association of the Education of Young Children & NV affiliate - Member

National Extension Association of Family and Consumer Sciences & SW Affiliate – Member

American Public Health Association & Nevada Affiliate - Member

REFEREED JOURNAL ARTICLES AND PUBLICATIONS

- Lindsay, A.**, Dyrek, A., Blitstein, J., Byington, T. & Sigman-Grant, M. Interrater Reliability of a Field-Based Preschool Movement Skills Assessment (2018). *Journal of Nutrition Education and Behavior* 50(10):1040-1045. <https://doi.org/10.1016/j.jneb.2018.07.007>
- Harden, S., Gunter, K., **Lindsay, A. R.** (2018) How to leverage your state's land grant Extension system: Partnering to promote physical activity". *Translational Journal of the American College of Sports Medicine* 3(15):113-118
- Manore, M., Larson-Meyer, E., **Lindsay, A.**, Hongu, N. and Houtkooper, L. (2017). Dynamic energy balance: An integrated framework for discussing diet and physical activity in obesity prevention - Is it more than eating less and exercising more? *Nutrients* 9(8):905. Concept Paper. doi:10.3390/nu9080905. Available at: www.mdpi.com/journal/nutrients
- Harden, S., **Lindsay, A.** et al. (2016). Systematic review of physical activity objectives in Extension strategic plans: Findings and implications for improved public health impact. *Journal of Extension*, 54(5) Research in Brief 5RIB2. Available at: <https://www.joe.org/joe/2016october/rb2.php>
- Lindsay, A.** (2015). A comparison of beliefs and attitudes about body image, eating and weight between incarcerated and non-incarcerated females. *UNLV Dissertation*. Paper 2557. <http://digitalscholarship.unlv.edu/thesesdissertations/2557>
- Lindsay, A.**, Hongu, K., Spears, K., Dyrek, A. & Manore, M. (2014) Field assessment for obesity prevention in children and parents: Physical activity, fitness and body composition. *Journal of Nutrition Education Behavior* 46 (1):43-53. doi: 10.1016/j.jneb.2013.03.013
- Byington, T. A., **Lindsay, A.**, Sigman-Grant, M. J. (2014). Healthy choices start early. *The Journal of the National Association for the Education of Young Children*, 69(5), 14-21.
- Sigman-Grant, M. J., **Lindsay, A. R.**, Byington, T. A. (2014). Children Are What They Eat. *UNCE Publication AV-14-02*. <http://campus.extension.org/enrol/index.php?id=661>
- Lindsay, A. R.**, Sigman-Grant, M. J., Byington, T. A. (2014). Growth, Obesity and Energy Balance. *UNCE Publication AV-14-01*. <http://campus.extension.org/enrol/index.php?id=657>
- Byington, T. **A.**, **Lindsay, A. R.**, Loesch-Griffin, D., Brumett, S., & Sigman-Grant, M. (2013). Head Start families thoughts and beliefs about health, nutrition, and physical activity. (National Head Start Association) *NHSA Dialog*, 16(3), 64-76.
- Byington, T. **A.**, **Lindsay, A. R.**, Loesch-Griffin, D., Brumett, S., & Sigman-Grant, M. (2013). Influencing Head Start families thoughts and beliefs about health, nutrition, and physical activity. *NHSA Dialog*, 16(3), 160-164.
- Sigman-Grant, M., Byington, T., **Lindsay, A.**, Lu, M., Mobley, A., Fitzgerald, N. & Hildebrand, D. (2013). Preschoolers can distinguish between healthy and unhealthy foods: The All 4 Kids Study. *Journal of nutrition education and behavior*, 03/2014, Volume 46, Issue 2 <http://www.ncbi.nlm.nih.gov/pubmed/24246710>)
- Sigman-Grant, M, Van Brackel, A., Byington, T. and **Lindsay, A.** (2013) Teacher and family connections curriculum: A supplement to the All 4 Kids: Healthy, Happy, Active, Fit obesity prevention program. *UNCE Publication CM-13-01*. Available on <http://campus.extension.org>

Curriculum Vitae, Lindsay

- Lindsay, A.** & Velasquez, S. (2012). Nevada substance abuse treatment providers – Assessing the needs & characteristics of female clients in recovery. *UNCE Special Publication SP-12-09*, 23 pp.
- Warren, C., **Lindsay, A.**, White, E., Claudat, K., & Velasquez, S. (2012). Weight-related concerns related to drug use for women in substance abuse treatment: Prevalence and relationships with eating pathology. *Journal of Substance Abuse Treatment* 44(5), 494. doi:10.1016/j.jsat.2012.08.222
- Lindsay, A.**, Warren, C., Velasquez S., & Lu, M. (2012). A Gender-specific approach to improving substance abuse treatment for women: The Healthy Steps to Freedom (HSF) Program. *Journal of Substance Abuse Treatment*, 43(1), 61-69.
- Lindsay, A.** (2010). A media effort addressing preschool inactivity through family, community, and Extension collaboration. *Journal of National Extension Association of Family and Consumer Sciences*, 5 (11).
- Lindsay, A.**, Byington, T., & Sigman-Grant, M. (2010). All 4 Kids: Healthy, Happy, Active, Fit Classroom Education for Young Children. *UNCE Curriculum Material CM-10-06*, 311 pp.
- Lindsay, A.**, & Constantino, N. (2010). Get Up, Get Out! *UNCE Fact Sheet FS-10-80*
- Lindsay, A.** & Constantino, N. (2010). Get Moving! *UNCE Fact Sheet FS-10-76*
- Lindsay, A.** & Constantino, N. (2010). Get Active! *UNCE Fact Sheet FS-10-81*
- Lindsay, A.** & Constantino, N. (2010). Get Fit! *UNCE Fact Sheet FS-10-73*
- Lindsay, A.** & Constantino, N. (2010). Get Regular! *UNCE Fact Sheet FS-10-79*.
- Lindsay, A.** (2009). All 4 Kids: Healthy, Happy, Active, Fit CD® *UNCE Audio Visual AV-09-01*, Copyright American Society of Composers, Authors and Publishers (ASCAP).
- Lindsay, A.** (2009). All 4 Kids: Healthy, Happy, Active, Fit DVD® *UNCE Audio Visual AV-09-02* <http://www.unce.unr.edu/publications/files/hn/2009/av0902.asp>.
- Seymour, K., Spears, K., **Lindsay, A.**, Collins, C., Leontos, C., Sigman-Grant, M., Wilson, M. & Woodson, J. (2009). Nevada's health and nutrition needs – Preferred methods of health information delivery. *UNCE Special Publication SP-09-18*, 82 pp.
- Lindsay, A.** & Velasquez, S. (2009). Healthy Steps to Freedom: A Health and Body Image Curriculum. *UNCE Curriculum Material CM-09-02*, 556 pp.
- Lindsay, A.** & Velasquez, S. (2008). Using a Pedometer, A Guide to Help Step it Up. *UNCE Fact Sheet FS-08-32*.
- Lindsay, A.** & Velasquez, S. (2008). Weighing in on Fat. *UNCE Fact Sheet FS-08-49*.
- Lindsay, A.** & Constantino, N. (2008). *Get Ready, Get Set, Let's Go!* *UNCE Fact Sheet FS-08-3*
- Lindsay, A.** & Velasquez, S. (2008). Buying and Using a Pedometer: Quick Tips to Step it Up. *UNCE Fact Sheet FS-08-32*.
- Lindsay, A.** & Velasquez, S. (2007). What a Girl Wants! What a Girl Needs! Living Healthy without Methamphetamine. *UNCE Fact Sheet FS-07-45*.
- Lindsay, A.**, Wilson, M., & Velasquez, S. (2007). Have it Your Weigh! Portion Sizes & Dining Out. *UNCE Fact Sheet FS-07-46*.
- Lindsay, A.** & Velasquez, S. (2007). Dying to Be Thin, How Far Will You Go? Body Image and Cultural Standards of Beauty. *UNCE Fact Sheet FS-07-47*.

Curriculum Vitae, Lindsay

- Lindsay, A.** (1993) Wellness Program Modules for Nutrition, Weight Reduction, Back Care, and Exercise; *Anthem Health Systems*, Indianapolis,
- Golding, Myers & Sinning (2000). Y's Way to Physical Fitness, The Complete Guide to Fitness Testing and Instruction (4th edition). *Human Kinetics Publishers Inc.*, pp. 113-136. (norm revisions by **Anne R. Lindsay**)
- Golding, L. & **Lindsay, A.** (1989). Measuring Body Composition with Attention to Age and Sex Trends. *Perspective*. 15(4), pp. 30-36.
- Golding, L. & **Lindsay, A.** (1989). Y's Way Revised: Testing Strength and Muscular Endurance. *Perspective* 15(5), pp. 30-35.
- Golding, L. & **Lindsay, A.** (1989). Y's Way Revised: Stretching the Limits of Age, Sex and Flexibility. *Perspective* 15(6), pp. 26-29.
- Golding, L. & **Lindsay, A.** (1989). Y's Way Revised: Cardio-Respiratory Fitness Tested Using PWC Max. *Perspective* 15(7), pp. 11-18.
- Golding, L. & **Lindsay, A.** (1989). Y's Way Revised: Step-Up to Cardio-Respiratory Fitness Test. *Perspective* 15(8), pp. 39-41.
- Golding, L. & **Lindsay, A.** (1989). Y's Way Revised: Interpreting Tests for the Benefit of Your Members. *Perspective* 15(9), pp. 34-37.

ORAL PRESENTATIONS AT PROFESSIONAL MEETINGS (past 5 years)

- Lindsay, A.** & Taylor, S. (2018, Nov). "So You Think You Can't Dance? Achieving Pre-k Standards by Dancing With Your Little Stars." *National Association of the Education of Young Children*. Wash D.C.
- Lindsay, A.** (2018, Aug). Healthy Steps to Freedom: A Gender-Specific Response to Women and Addiction. *2018 Opioid Health and Wellness Summit*. Salt Lake City, UT
- Lindsay, A.** & Taylor, S. (2018, Apr). "So You Think You Can't Dance? Achieving Pre-k Standards by Dancing With Your Little Stars." *Nevada Association of the Education of Young Children*. Reno, NV
- Lindsay, A.**, Velasquez, S., & Warren, C. (2017). Do weight concerns put female prisoners at risk for re-offending? *Medicine & Science in Sports & Exercise*, 49(5S), p.992.
doi: 10.1249/01.mss.0000519711.08825.34
- Velasquez, S., & **Lindsay, A.** (2017, Sept). "Weight, blood pressure, BMI & other health risks common to women under correctional supervision". *Nevada Public Health Association*. Reno, NV.
- Gunter, K., **Lindsay, A.**, Harden, S. (2017, May). "Squat, curl, flexion, EXTENSION: How the USDA promotes physical activity". *American College of Sports Medicine*. Denver, CO.
- Lindsay, A.** (2017, Mar) "Beyond exercise: Physical activity for the ages!" *Choices Conference*, Kalamazoo, MI.
- Lindsay, A.** (2017, Mar) "The road to health is paved with good intentions!" *Choices Conference*, Keynote Speaker. Kalamazoo, MI.
- Williams, J., Gunter, K., **Lindsay, A.**, Harden, S., Manore, M., Houtkooper, L., Hongu, K. & Griffin, S. (2016). Exercise is Medicine (EIM) for community health: Linking clinics and communities through Cooperative Extension. *Medicine & Science in Sports & Exercise*. 48(5S) (Supplement 1):80-81, May

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- Lindsay, A. & Rothaker, E.** (2016, Apr). "When healthy becomes extreme." *Nevada Dietetic Association Annual Meeting*, Las Vegas, NV.
- Lindsay, A.** (2015, Apr). "Beyond the playground: Top 10 things every teacher should know to create intentional opportunities for physical activity." *Child Adult Care Food Program (CACFP) National Conference*, Las Vegas, NV.
- Lindsay, A., O'Callaghan, A.** "Gardening as you mature" (2015, Mar, Apr, May) *Master Gardeners Health Series*, Las Vegas, NV.
- Lindsay, A., Coughenour, C.** (2015, Feb), "Generating rural options for weight-healthy kids and communities", *Active Living Research National Conference*, San Diego, CA
- Lindsay, A., Robinson, L. & Blitstein, J.** (2014). How to deliver and evaluate effective movement programs in Head Start centers. *Journal of Physical Activity and Health*. 11(Supplement 1), S167-S168. <http://dx.doi.org/10.1123/jpah.2014-0173>
- Lindsay, A. R.** (2014, Dec), "We got your back on the rig or in the office", *National Ground Water Association*. Las Vegas, NV
- Velasquez, S. Borden, G., Packham, J., **Lindsay, A. R.**, Wilson, M. P. (2014, Sept). "Clark County community assessment and education to promote behavioral health planning and evaluation (CAPE) project", *Nevada Public Health Association Annual Conference*, Las Vegas, NV
- Lindsay, A. R., Robinson, L., Blitstein, J.** (2014, May) "How to deliver and evaluate effective movement programs in Head Start centers", *Global Summit on the Physical Activity of Children, Active Healthy Kids Canada*.
- Lindsay, A.** (2013, Nov) Weight concerns, body dissatisfaction and illicit drug use in women and girls. *American Public Health Association Annual Meeting*, Boston, MA
- Lindsay, A.** (2013, Sept). Physical activity, body composition, and energy balance. *USDA Western Region Nutrition Symposium*, Oakland, CA
- Lindsay, A.** (2013, Sept) Dying to be thin: The obesity paradox in certain populations. *Washoe Obesity Forum*, Reno, NV
- Lindsay, A.** (2013, Sept) Keeping fit kids in a fat world. *Washoe County Obesity Forum*, Reno, NV
- Lindsay, A.** (2013, Sept) Get ready! Get set! Let's go! *University of Oklahoma (faculty and staff presentation by invitation)*, Stillwater, OK
- Lindsay, A. & Coker, L.** (2013, June). Early childhood: The glory days for physical activity. *Southwest American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD)*, Red Rock Casino, Las Vegas, NV
- Lindsay, A. & Coker, L.** (2013, June). All 4 Kids childhood obesity round table, *Childhood Obesity Conference*, Long Beach, CA
- Williams, J., Houtkooper, L., **Lindsay, A.** & Gunter, K. (2013, May) Exercise is Medicine® for community health: Promoting energy balance and health through linking providers, patients and communities. *American College of Sports Medicine Annual Meeting*, Indianapolis, IN.
- Lindsay, A.** (2013, Mar) Get ready! Get set! Let's go! *ACSM Health & Fitness Summit*, Las Vegas, NV

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Lindsay, A., White, E., Rothaker, E., Coker, L., & (Moderator) Velasquez, S. (2013, Jan). Are our kids dying to be thin? *Clark County School District Staff Development Day*, Spring Valley HS Las Vegas, NV

PROFESSIONAL WEBINARS (past 5 years)

Lindsay, A. R. Skidmore, M., Boerboom, C. (2017) Leadership opportunities for Extension directors and administrators to make a difference with the opioid epidemic?" Next generation extension – Learning for leaders *Extension Committee on Organization & Policy (ECOP)*.

Naja-Riese, A., Kay, C., Young, M., **Lindsay, A. R.** Parker, S. (2017) Train-the-trainer SNAP-Ed evaluation framework ambassador training. *National Collaborative on Childhood Obesity Research (NCCOR)*.

Lindsay, A. R. (2017) Physical literacy and the role public health plays. Cal-Fresh Town Hall Webinar, *University of California Cal-Fresh Nutrition Education*.

Lindsay, A. R. Armstrong, D., Nolting, J., Fagin, S., Bodick, D. (2017) Physical literacy: What is it and how does it support physical activity for life. NEOP Branch Training Development and Support Webinars. *California Department of Public Health, Nutrition Education and Obesity Prevention Branch*.

REFEREED POSTER PRESENTATIONS (past 5 years)

Gunter, K., Harden, S. & **Lindsay, A.** (2018). Promoting physical activity via Cooperative Extension: What do the data tell us? *American College of Sports Medicine*, Minneapolis, MN 50(5S); Supplement 1:64 DOI: 10.1249/01.mss.0000535293.21869.d4

Lindsay, A. & Velasquez, S. (2017). Do weight concerns put female prisoners at risk for re-offending? *American College of Sports Medicine*. Denver, CO.

Lindsay, A. & Warren, C. (2016). A comparison of beliefs and attitudes about body image, eating and weight between incarcerated and non-incarcerated females. *Eating Disorder Research Society*, New York, NY

Hongu, N., **Lindsay, A.**, Larson-Meyer, E., Houtkooper, L.B., Gallaway, P.J., Manore, M.M. (2016). Energy balance teaching tool for community use: What University nutrition faculty and community nutrition educators want. *Experimental Biology*, San Diego, CA

Franck, K., Harden, S. & **Lindsay, A.** (2016) Surgeon General's *Step It Up* initiative: Strategies for implementation with EFNEP. *National EFNEP Conference*. Arlington, VA <https://nifa.usda.gov/sites/default/files/event/2016%20National%20EFNEP%20Conference%20Agenda.pdf>

Hongu, K., Gunter, K., Houtkooper, L., Going, S., Williams, J., **Lindsay, A.**, Manore, M. (2014). Exercise is Medicine (EIM) for community health programs: Expanding to the national Cooperative Extension system. *American College of Sports Medicine*, Orlando, FL

Velasquez, S., **Lindsay, A.** & Warren-Fishkin, C. (2013, Sept). Do stimulant drug users (SU) exhibit similar eating pathology characteristics as non-stimulant drug users (NSU)? *Nevada Public Health Association Annual Meeting*, Reno, NV

Coker, L., Jones, C., Coughenour, C., Taylor, S. & **Lindsay, A.** (2013, Nov). Healthy Kids Festival: Low cost, small steps that make a big fat difference. *American Public Health Association (APHA)*, Boston, MA