Rainbow Scarves

Pre-K Standards:
Physical Development: 1.PK.1, 2.PK.1, 2.PK.2, 3.PK.1, 4.PK.1, 4.PK.1
Language/Listening: 7.PK.1b
Social Studies/Geography: G5.PK.1

Instructions:
1. Move your scarf:
   - Up high/down low
   - Really fast/in slow motion
   - Wave the scarf to each side
   - Wave the scarf in front/behind
   - Jump up high with the scarf
   - Step forward/backward/right/ left side
   - March in place waving the scarf

Variation: Add music

Skills:
- Large gross motor movement
- Light cardio

Reference: University of Nevada Reno Cooperative Extension. All 4 Kids Curriculum Family Event 3