

Obstacle Course

Pre-K Standards:

Physical Development: 1.PK.1, 2.PK.1, 3.PK.1, 3.PK.2, 4.PK.1, 5.PK.2



Instructions:

1. Select a safe area
2. Set up obstacle course with chairs, boxes and tunnels for the children to go over, under, through, balance and go around.



Variation: Add music. Set up obstacle course indoors or outdoors and add more challenging activities.