Follow the Leader
Pre-K Standards:

Language/Listening: 7.PK.1a
Physical Activity: 2.PK.2, 3.PK.2

Instructions:

1. A leader or head of the line is chosen.
2. Children all line up behind the leader.
3. The leader moves around and all the children have to mimic the leader’s actions.
4. Rotate different children being the leader.

Variation: Add music.

Skills:

- Spatial and body awareness
- Large gross motor development

Printable version

Reference: University of Nevada Reno Cooperative Extension. All 4 Kids Parent’s Curriculum Lesson 3