What you need:

Beagle Brunch:
2 whole grain pancakes (prepared according to mix instructions)
3 tbsp. peanut butter

Sides:
1/4 c. sliced strawberry and bananas
1/4 c. sliced sweet potato wedges
1/2 c. plain Greek yogurt

Preparation:

1. Prepare whole grain pancakes according to directions on the box
2. Bake sliced sweet potato wedges at 400° for 30 minutes
3. Spread peanut butter on top of the pancakes
4. Enjoy with Greek Yogurt and sliced strawberries, bananas and sweet potatoes on the side!

** This meal is CACFP approved if it is served with milk. **

This material created for the Healthy Kids Resource Center www.extension.unr.edu/healthykids

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