HUMMUS SNAILWHEELS

What you need:

Hummus Snailwheels:
- 1/4 c. thinly sliced turkey
- 2 tbsp. carrots, sliced
- 2 tbsp. red peppers, sweet, sliced
- 1 tbsp. hummus

1 whole wheat tortilla

Sides:
- 1/4 c. pears, canned
- 6 oz. low-fat milk

Preparation:

1. Spread hummus onto whole wheat tortilla.
2. Place turkey, red peppers and carrots onto hummus spread.
3. Roll tortilla then cut into 1 inch slices
4. Pair with pears and a glass of milk for a complete meal!

** This meal is CACFP approved if it is served with milk.

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