PETER PARROT PASTA

What you need:
1/4 c. tuna, canned
1/4 c. cooked whole grain pasta
2 tbsp. zucchini, diced
2 tbsp. tomato, diced
2 tbsp. olives, sliced
3 Tbsp. cubed cheese
1/2 c. lemon juice

Sides:
1/4 c. grapes, halved

Preparation:
1. Place tuna, pasta, zucchini, tomato, olives, and cheese in storage container.
2. Squeeze lemon juice on ingredients then mix well.
3. Enjoy with grapes!

**This meal is CACFP approved if it is served with milk.

This material created for the Healthy Kids Resource Center [www.extension.unr.edu/healthykids](http://www.extension.unr.edu/healthykids)