PUG’S POWER PACK

What you need:

Pug’s Power Pack:  
2 pieces of deli ham, sliced  
4 whole grain crackers  
1 oz. cheese, 4 slices

Sides:  
2 tbsp. celery, spears  
2 tbsp. baby carrots  
1/4 c. orange, sliced

Preparation:

1. Place 1 cracker at the bottom of a cupcake foil or storage container.
2. Slice cheese and place on top of crackers in the cupcake foil.
3. Slice ham into 4 pieces and place on top of the cheese and you have a Pug’s Power Pack!
4. Combine with celery, baby carrots, and oranges for a complete meal.

**This meal is CACFP approved if it is served with milk.**

This material created for the Healthy Kids Resource Center www.extension.unr.edu/healthykids

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