



EXTENSION
College of Agriculture,
Biotechnology & Natural Resources

Mineral County Extension

Annual Report | Fiscal Year 2019-2020

Program Impacts

Health and Wellness

Extension provides Mineral County residents access to health and nutrition programs. Youth Nutrition education is implemented through direct in-school education with youth and parents. Senior programs are unique to Mineral County Seniors. Programs include Veggies for Kids and Veggies for Seniors.

The Veggies for Kids curriculum consists of 12 lessons for Kindergarten youth based on increasing fruit and vegetable intake, increasing water consumption, physical fitness interpreted as “Play Hard,” and gardening experiences. The program also works on Policy, Systems and Environments (PSE) to determine school and community wellness. This program works with teachers and administration at Hawthorne Elementary School and Schurz Elementary School working with Kindergarteners. Schurz Elementary School set up traditional food field trips and takes students pine nut picking.



Veggies for Seniors is a fruit and vegetable distribution program for Mineral County seniors 65 years-old and older. The program provides recipes and educational information about increasing fruit and vegetable intake. The program is built upon providing access to fruits and vegetables and is funded by Mineral County. A Mineral County weight lifting program is also available to seniors twice a week to gain strength and improve balance. One-hundred five seniors participated county-wide in 2019.



University of Nevada Cooperative Extension is engaged in Nevada communities, presenting research-based knowledge to address critical community needs in the areas of agriculture; children, youth and families; community and economic development; horticulture; health and nutrition; and natural resources. It is a county-state-federal partnership providing practical education to people, businesses and communities. It is a unit of the University of Nevada, Reno's College of Agriculture, Biotechnology and Natural Resources, and plays a vital role in fulfilling the University's land-grant mission. Visit: <https://extension.unr.edu/>

Program Impacts (continued)

4-H

The Mineral County 4-H program focuses on a winter sports program and a youth basketball program. There are several adult leaders that support our youth in these two programs and their efforts are appreciated.

Mineral County Extension continues to build 4-H clubs and is always looking for adult volunteers. Also, as part of the 4-H Program, youth from Mineral County attend a week-long 4-H camp in Lake Tahoe.

There are 22 4-H youth and 8 4-H adult leaders involved in the Mineral County Ski Club. This is a collaboration with Mineral County Parks and Recreation. Youth were able to ski or snow board at June Mountain this year with discounted rates.

There are 104 youth and 20 4-H adult leaders involved in the Mineral County 4-H Basketball Program. This program is a collaboration with Mineral County Parks and Recreation. There are three different gymnasium facilities used to implement the program so that each age group has practice and game times.



There were 12 youth that attended the 4-H Camp in Lake Tahoe in July 2019, one adult leader, and Mineral County Extension Staff.



Program Impacts (continued)



Think First, Stay Safe

Think First Stay Safe is a child self-protection program for first and second graders. This program is primarily funded by the State of Nevada to implement at Schurz Elementary School and Hawthorne Elementary School. The program teaches children protective factors against strangers, child predators, and sexual abuse.

This program was brand new for 2019-2020 and replaced Peacemaking Skill Building. There were 23 first and second grade students at Schurz Elementary School that participated in the program.

Program instructors attended parent nights to explain the program and to answer any questions. The program is funded for 2020-2021.

Rez Riders

Reducing Risk through Interpersonal Development, Empowerment, Resiliency, and Self-determination (RezRIDERS) is a program for adolescents that focuses on core values, optimism, self-determination, and self-regulation. The program was implemented with 5-6 grade students at Schurz Elementary School on the Walker River Reservation.



Mineral County Prevention Education



The Michigan Model for Health curriculum is used for the Mineral County Prevention Education program funded by the Healthy Communities Coalition. This program provides in-classroom direct education on social/emotional health, nutrition, physical activity, personal safety, and alcohol and drug prevention. The program also assists and supports the annual Harvest Festival and Earth Day events.

Program Impacts (continued)

Ag Education

There is statewide agriculture education that is coordinated out of the Mineral County Extension office. This program includes Nevada Risk Management Education dealing with the five areas of risk for agricultural business, and developing a program for beginning farmers and ranchers. A new program was also started in assisting small acreage farmers and ranchers. One of the biggest programs in the annual Cattlemen's Update. This program is held in eight different locations across the state in the second week of January. Over 400 producers participated statewide in January of 2020.



American Indian Business Development

Programs evolved in 2019-2020 for American Indian business development assistance. The first focus is assisting Indian agriculture producers with sustainability and business development on tribal lands. This included training and education on developing business plans, marketing plans, and production techniques. There is also a one-on-one mentoring opportunity under this program.

There is also an addition to this program that involves research on identifying obstacles and opportunities for business development and sustainability under different Indian land tenure designations. The team is working with four Tribes in the west to evaluate Indian land tenure systems related to business development. Results of this research are expected in 2022.

Fiscal Year 2019-2020

Summary

\$795,399 - Total Revenue
\$323,050 - Total Expenses
\$13,520 - County Fund

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Revenue

