



EXTENSION

College of Agriculture,
Biotechnology & Natural Resources

Mystery Tasting: Fruit or Vegetable

Pre K Standards:

Mathematics & Science: L.PK.4, L.2.D.1

Physical Development: 1.PK.3



Objective: Identify fruits and vegetables (and their food group) based solely on touch.

Instructions:

1. Collect one fruit and vegetable.
2. Blindfold the player, allowing them to taste test each food item
3. Let them guess if it is a fruit or vegetable.
4. Talk about why they thought it was a fruit or vegetable, how they can tell the difference between the two, etc.

An EEO/AA Institution