



EXTENSION

College of Agriculture,  
Biotechnology & Natural Resources

## **Healthy Kids, Early Start**

### **Yebo Let's Go**

*Music & Lyrics by: Angel Mullis, Anne Lindsay & Jennifer Prestridge*

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**Verse 1:** On the couch I watch TV  
Then my momma says to me Get  
up, get up, get up right now We'll  
have fun, I'll show you how

**Chorus** Yebo let's go *Yebo!*  
Aweh let's play *Aweh!*  
Walk or run, skip in the sun  
Ride a bike, go on a hike  
Climb or swing, let's hear you sing  
Yebo let's go *Yebo!*

**Verse 2** Video games, they can be fine  
Just don't play them all the time  
Get up and move it's oh so good  
So for goodness sake you should

**Bridge:** Go outside and play awhile  
You will love your active style  
Use your mind and body too  
Show your family what you can do

**Tag:** Yebo let's go *Let's go!*  
Aweh let's play *Aweh!*  
Yebo let's go *Let's go!*

### **Promotes Reduced Sedentary Behavior**

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# **CREDITS**

## **“Yebo, Let’s Go”**

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### **Executive Producer**

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## **SONG**

### **Music Producers & Arrangers**

Angel Mullis, Anne Lindsay

### **Recording Artists**

Toscha L. Comeaux (vocal), Sam Wright, (Dun Duns),  
Rachel Julian (marimba), Eric Gore (djembe)

### **Music & Lyrics by**

Angel Mullis, Annie Lindsay, Jennifer Prestridge

### **Recorded, Mixed & Mastered by**

Thomas “TBone” Demman, SonSong Studios

## **MUSIC VIDEO**

### **Video Producers**

Angel Mullis, Anne Lindsay

### **Writing, Filming & Editing Directors**

Volar Media, Kenneth Parker & Scott Beck

### **Photography Director**

Cindi Kay Morehead

### **Choreographers**

LaQuetha Lutale, Jennifer Prestridge

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