

# Clover Clips



**EXTENSION**  
College of Agriculture,  
Biotechnology & Natural Resources



4-H Youth  
Development

Monthly 4-H Newsletter for Carson City,  
Douglas, Storey, and Washoe Counties  
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## First Nations Youth and the 4-H Equity Lens

A bold commitment has been made by 4-H to youth across the country to reflect the diverse needs, vulnerable populations, and different social conditions experienced by all ages. With this initiative, Extension professionals are given the opportunity to work with different cultures including that of our First Nations. With this opportunity comes an initial obligation to learn about the differing cultures, social ecosystems, and sacred history of the tribes they work with. The diversity of cultures within the American Indian/Alaskan Native (AI/AN) are unique in their own way and an equity lens will help Extension professionals understand specific conditions when planning 4-H programming with Indigenous communities.

AI/AN youth are faced with multi-faceted conditions that can have an impact on their development and participation in activities. This is a result of several programming options catering to the “majority” of cultural expectations versus options being available to the cultures and ecosystems of the First Nations. These Native communities are very close knit and have been since time immemorial. With an effort put forth by the 4-H Program Leaders Working Group and efforts by FRTEP (Federally Recognized Tribal Extension Program), 4-H and involving the AI/AN youth communities is an important area of focus, with hopes to bring more programming to different tribes across the country.

After considering these circumstances, it is important to have positive social conditions within any programming delivered because there are many challenging aspects which exist amongst AI/AN youth in their communities. AI/AN have the highest poverty rates in the nation as well as elevated high school dropout rates. AI/AN youth tend to be geographically isolated as well, so this should also be considered when planning programs for the youth. An awareness should be developed by the program leader to understand the cultural/social

identities, values, stereotypes, experience of privilege and oppression, and how they shape ones view on mental health and well-being. With this, it will help them lead programming efforts with a more empathetic and cognizant approach.

Through FRTEP, Extension Directors are responsible for an extremely diverse programmatic portfolio including Agriculture & Natural Resources (ANR); Family, Consumer, and Health Sciences (FCHS); Community Economic Development (CED) and/or 4-H Youth Development. The specific inclusion of Native American programs, where Tribes exist within their state service area, is a critical piece of the land grant mission and encompasses the unique geographic, cultural, and economic challenges of delivering Extension programs in Indian Country. Having a clear understanding of the Federally Recognized Tribal Extension

Programs (FRTEP) and its vital role it plays in effective Indian Country Extension will enable Extension Directors to properly fulfill the Cooperative Extension mission for all citizens of respective states.

After discussing the challenges and awareness needed to deliver effective 4-H programming to AI/AN communities, a vital factor is to develop the sense of belonging for the youth participating in the programming.

“The Peoplehood Model (Holm et al., 2003) provides insight into AI/AN culture, emphasizing the importance of cultural histories, places, ceremonies and languages. The Peoplehood Model refers to shared backgrounds, histories and common experiences which individuals and groups can reference. There is a developing Extension practice and literature incorporating these themes of identities into PYD (Farella, et al., 2021; Farella, et al., 2021).”

The Peoplehood Model (Holm et al.,2003) provides a good framework for working with AI/AN youth. Other positive practices to develop the sense of belonging and

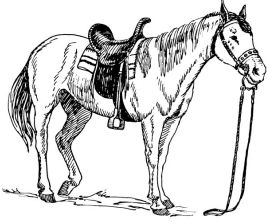
There is a developing Extension practice and literature incorporating Peoplehood Model themes of identities into Positive Youth Development.  
- Farella

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## Washoe County 4-H Horse Judging

The 2024 4-H Horse Judging Contest for Washoe and surrounding counties will be on April 6, 2024, starting at 9 a.m., Ironwood Events Center, 5600 Whiskey Springs Road, Reno, NV 89510. The contest is open to all 4-H Horse Project members in Washoe, Carson/Storey, Douglas, Lyon, and Churchill counties.

There are five age groups: Adults and Cloverbuds (for fun and experience), Juniors, Intermediate, and Seniors. There will be two halter classes, two performance classes, reasons on one of the halter classes and one of the performance classes, and Tack ID and Feed ID classes.



Ribbons will be awarded to the top four in each age division.

Java Reef will have a food truck on site with several coffee and breakfast offerings, sandwiches, and salads for lunch.

Judging is required for 100% attendance for Washoe County 4-H Horse Members. Registration and assumption of risk forms are to be returned to Sam Mitchell, [samm@unr.edu](mailto:samm@unr.edu), by April 4, 2024.

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## First Nations Youth

(Continued from Page 1)

increasing participation is to develop 4-H projects around current AI/AN topics and culturally significant topics. Some of these may be:

- Tribal food sovereignty
- Tribal entrepreneurship and Native arts entrepreneurship
- Social justice issues important to specific tribal communities
- Sustainable livestock and farming practices on tribal land

Once 4-H programming is delivered to the First Nations Youth, it will be important to follow up, evaluate, and continue to grow 4-H's presence. When evaluating programming efforts, language and wording should reflect common AI/AN words, themes, and thoughts. Community members, First Nation governments, and other organizations should also share in the dialogues of these initiatives. Remembering community questions should have community answers. With these collaborative efforts, commitments and evaluations, 4-H programming will hopefully become a well-known positive youth development representing equality, acceptance and growth for American Indian/Alaska Native youth across the country.

- Information from PLWG Access, Equity and Belonging Committee

## Diamonds in the Rough

The Diamonds in the Rough Novice Horse Show, is April 20, 2024. It's presented by Silver Knolls Spurs 4-H Club of Washoe County, and will be at the Lemmon Valley Horsemen's Arena, at the corner of Chestnut and Alaska in Lemmon Valley.

The show office will open at 7:30 a.m. with the classes starting at 9 a.m. There will be a snack bar. Water will be provided.

This is an open show offered specially for the novice rider, the novice horse and the green horse. There will be over 40 classes offered.

A Novice Rider/Showman is a rider/showman who has not won more than three blue ribbons in a particular kind of class. No age restrictions.

A Novice Horse is a horse that has not won more than three blue ribbons in a particular kind of class. A Green Horse is a horse not shown in a particular kind of class before January 1 of this year. An experienced rider may show a green horse. No age restrictions on the horse.

Required attire includes a helmet (required for all exhibitors 18 years or younger), long sleeve shirt and/or jacket, or club shirt long pants with belt and riding boots. Chaps and spurs are optional. "Show" clothes are not required.

The class list and entry forms can be found online at this link [Diamonds in the Rough](#) The show is a fundraiser for 4-H and Community projects. If you have questions, please call Linda at 775-560-0612.

## Nevada 4-H Expo Planning Begins

The Nevada 4-H Expo will be held in Churchill County again this year, at the 3C Event Complex in Fallon. The dates are September 20-21, with a possible prep day on September 19. Planning will start soon. Please let Sarah Chvilicek ([sarahc@unr.edu](mailto:sarahc@unr.edu)) know your interest in supporting the Nevada 4-H Expo this year as follows:

- If you served as chair or member for any of the contests in the past and want to continue
- If you have never helped with the Expo and want to give it a try this year
- If you want to volunteer to help in any way (there are opportunities for big help and little help before, during, and after the event)

Areas where support is needed are: All of the contests (Livestock Show, Horse Show, Small Animal, Statics, Dog Show, Fashion Review, Communication Contests, Workshops, Shooting Sports,

Also, Round Robin Coordination – small and large animal, Logistics, Show book edits/updates, Entries, Awards, Special recognitions, Scheduling, Promotion, Sponsorships, and Clover Store.

Please contact Sarah Chvilicek by April 26, and thank you for considering!

# Washoe County Livestock Show and Nevada Junior Livestock Show

The Washoe County 4-H Livestock Show will be held at the Reno/Sparks Livestock Events Center Livestock Pavilion on April 20, 2024.

Weigh-ins are scheduled to start at 7 a.m. with shows starting at 8:30 a.m. Over 60 Washoe County 4-H'ers will be participating in the annual show at the Reno/Sparks Livestock Events Center.

Washoe County 4-H youth will be exhibiting sheep, swine, goats (market and dairy), and beef animals in showmanship contests, quality shows, and will have the opportunity to advance to the Round Robin Contest at the end of the day. This show serves as a qualifying event for Washoe County 4-H'ers to take their animals on to the Nevada Junior Livestock Show in May.

This event would not be possible without the time and monetary contributions from many volunteers, families, and local businesses. Thank you especially to the main show sponsor, Reliance Grounds Management, for contributing to the growth of the next generation of true leaders.

For more information, reach out to Kelsey Conklin at 775-336-0273

The Nevada Junior Livestock Show (NJLS) will be at the Reno/Sparks Livestock Events Center May 8-12 2024, with livestock weigh-in/check-in and exhibitor check-in on Wednesday evening and Thursday morning.

The show starts Thursday afternoon.

**Please note:** since this is the first year that registration is being done entirely online, the registration deadline has been extended to April 15.

The show will include 4-H members as well FFA, Grange, and independent youth. This is a chance to see examples of beef, swine, sheep, goats, rabbits, poultry and turkeys raised by local youth.

Exhibitors are reminded to get their excuse letters to their schools before the event.

For a schedule of events and information, go to the website at <http://agri.nv.gov/Administration/NJLSB/NJLSB/>. You can also email [NJLSB@agri.nv.gov](mailto:NJLSB@agri.nv.gov).

## Washoe Leaders' Council Meeting

Washoe County 4-H is having their Leaders' Council Meeting at the Washoe County Extension building (4955 Energy Way in Reno) on April 22, 2024 starting at 6 p.m. Leaders may attend in person or by Zoom.

Stephen LaVallee of Liberty Dog will be discussing collaboration with 4-H on the Puppy Foster program. Items include reports from clubs and upcoming events. For more information, please contact Sam Mitchell at [samm@unr.edu](mailto:samm@unr.edu).

## 4-H Summer Camp is Coming

With Teen Counselor applications and Adult Chaperone registrations now available, the "camp season" is officially started. The 4-H Northern Area/Western 4-H Camp is July 7-13, 2024.

Whether you are a prospective camper, a Teen Counselor candidate (there is still time to apply!) or an Adult interested in becoming a camp Chaperone, here are some dates to keep in mind.

Application forms were emailed to all 4-H teens in Carson City, Douglas, Storey and Washoe counties who will be age 14-18 on the first day of camp. Teen Counselor positions are open to all teens in that age range who live in one of the four counties, both 4-H members and non 4-H.

If you wish to apply and have not received an application, you can contact Sam Mitchell at [samm@unr.edu](mailto:samm@unr.edu) to have the forms emailed to you. The deadline to have the complete Application in to your county 4-H office is April 12. All eligible applicants will be contacted to schedule an interview time. Interviews for the positions will be on May 4 (no exceptions),

Adults who wish to be Chaperones need to contact their County 4-H coordinator, or Sarah Chivilicek in Washoe County ([sarahc@unr.edu](mailto:sarahc@unr.edu) or 775-336-0236). If you are not a 4-H Leader or other screened individual, please register as soon as possible. Only adults who have completed a background check and references are allowed to be Chaperones. The background check will often take 4-6 weeks.

Camper Registration forms will go out May 1, to 4-H members who will be 9-12 years of age on the first day of camp (July 7). Only 4-H member registrations will be accepted until May 16, when registration is open to the general public.

## 2024 4-H Livestock Contest Series

Here are this year's remaining 4-H Livestock Contest Series events:

- **May 8-** State Livestock Judging Contest Washoe County, in conjunction with NJLS
- **August 8-** Clark County Skillathon and Quiz Bowl Contest
- State Skillathon and Quiz Bowl Contest at Expo

Registration Information and entry forms will be sent out from the whichever county office is hosting that particular event. 4-H members must attend at least 50% of the series to be eligible for high point individual and team awards. Series awards will be handed out at the Nevada State 4-H Expo.

For more information, please contact: Rebecca Glocknitzer at [rglocknitzer@unr.edu](mailto:rglocknitzer@unr.edu).



## Small Animals and Exhibits Displayed

Dust was already sparkling in the air as the 2024 Washoe County 4-H Small Animals Show and Static Exhibits event began. On Saturday, March 23, 2024, dozens of 4-H members gathered at the Reno/Sparks Livestock Events Center with the creatures and creations they had nurtured for months. Chickens called, dogs barked, and parents exclaimed with pride as youth shared their progress and knowledge.

Over 80 4-H members participated, submitting more than 230 entries from Washoe, Douglas, and Lyon Counties as well as youth from Carson City and Sierra Valley 4-H Clubs. Participants showed animals, entered static exhibits, and supported their club members throughout the day.

Extension Staff Monica Peterson and Jeannette Dilles provided Hispanic translation and interpretation about the event, exhibits, and 4-H programs. Multiple Hispanic families attended, and their children were able to see a chicken lay an egg!

Thank you to all of the 4-H Club Leaders, families, judges, participants, and other volunteers who helped to make this show possible! Special thank you to the Washoe County 4-H WhipStirs Cooking and Baking Club for running the concession stand.

Our Livestock 4-H members will have their chance to shine at on April 20, at the Washoe County 4-H Livestock Show. Congratulations to all our participants, we're proud to see how you are making the best better.



Lexi Silva and her "Hot Dog" participate in the Small Animal Show Costume Contest.

### Northern Area/Western April Dates to Remember

- Apr. 12** - 4-H Camp Teen Counselor Applications due.
- Apr. 20** - Washoe County 4-H Livestock Show, RSLEC
- Apr. 20** - Diamonds in the Rough Novice Horse Show, Lemmon Valley Arena

Find it in  [4-h.org/clover/](https://4-h.org/clover/)

**Engineer a Bee.** Bees are vital to agriculture, pollinating over \$16 billion worth of crops just in the United States each year. What if there aren't enough bees to do the job?

In this activity you'll learn why bees are important to agriculture, the unique anatomy of bees, and how bees work as pollinators.

This activity is for grades 3-8. It takes about 30 minutes and relates to topics like Animal Science, Biology, Engineering, and Environmental Science. You can find it online at:

<https://4-h.org/clover/activities/engineer-a-bee/>

**4-H is a program of University of Nevada, Reno Extension**

#### CLOVER CLIPS PARTICIPATING COUNTY OFFICES

**Carson City/Storey County**  
775-887-2252  
2621 Northgate Lane, Suite 15  
Carson City, NV 89701

**Douglas County**  
775-782-9960  
1325 Waterloo  
Gardnerville, NV 89410

**Washoe County**  
775-336-0259  
4955 Energy Way  
Reno, NV 89502

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Unless stated differently, all meetings are held at your local Extension office.

## 4-H Events Calendar April 2024



DATE	WESTERN AREA AND OTHER COUNTIES	CARSON CITY/STOREY COUNTY	DOUGLAS COUNTY	WASHOE COUNTY
1	Deadline for YQCA certification	Target Rippers, Fuji Exh., 6-8:30 p.m.	CV Shepards, Extension Office, 6-7:30 p.m.	Silver Knolls Spurs General Mtg., Silver Knolls Comm. Room, 6:30 p.m.
2			Advanced Baking, 5-7:45 p.m.	
3			Wings n Things, 6:15-8:00 p.m.	
4		4 Paws, Fuji Exh., 6-8 p.m.	4 Paws, Fuji Exh., 6-8 p.m.	
5		Carson City Hot Shots, Cap City Gun Range, 6 p.m.		Washoe County 4-H Livestock Record book deadline, 5 p.m.
6			Cloverbuds, 10-11:30 a.m.	
8		Sewing, 3-5 p.m.	Baking A, 5:30-7:30 p.m.	<b>Small Animal Leaders' Meeting, 6 p.m.</b>
9			Equestrian, CVUMC, 6-7:30 p.m.	<b>Horse Leaders' Mtg., 5:30</b> <b>Livestock Leaders' Mtg., 6 p.m.</b>
10		Arrowhead Livestock, Fuji Exhibition Hall, 6-8 p.m.	Rabbit, 6-7:30 p.m.	
11		4 Paws, Fuji Exh., 6-8 p.m.	4 Paws, Fuji Exh., 6-8 p.m.	
12	4-H Camp Teen Application due, by 5 p.m.	Carson City Hot Shots, Cap City Gun Range, 6 p.m.		
13		Capital City Critters Herpetology Club, 6-8 p.m.	Sewing, DC Exten., 10 a.m.-12 p.m.	Merry Milkers' Club Meeting, TBD
15	Deadline for NJLS Entries, Online Only	Target Rippers, Fuji Exh., 6-8:30 p.m.		
17			Baking B, 5:30-7:30 p.m.	
18		4 Paws, Fuji Exh., 6-8 p.m.	4 Paws, Fuji Exh., 6-8 p.m.	
19		Carson City Hot Shots, Cap City Gun Range, 6 p.m.		
20				Washoe County 4-H Livestock Show, RSLEC, 8 a.m.
22		Sewing, 3-5 p.m.		<b>Washoe County 4-H Leaders' Council, 6 p.m.</b>
26		Carson City Hot Shots, Cap City Gun Range, 6 p.m.		



April Fools' Day, April 1

Unless stated differently, all meetings are held at your local Extension office.

# Upcoming 4-H Events Calendar



DATE	WESTERN AREA AND OTHER COUNTIES	CARSON CITY/STOREY COUNTY	DOUGLAS COUNTY	WASHOE COUNTY
<b>May 2024</b>				
1	4-h Camper registration forms sent to 4-H members	Wings and things	Wings n Things, 6:15-8:00 p.m.	.
2		4 Paws, Fuji Exh., 6-8 p.m.	4 Paws, Fuji Exh., 6-8 p.m.	.
3		Capital City Hot Shots, Carson City Gun Range, 6 p.m.		.
4	Camp Teen Coun. interviews, Washoe 4-H Office, Time TBD		Cloverbuds, 10-11:30 a.m.	.
6		Target Rippers, Fuji Exh., 6-8:30 p.m.	CV Shepards, Extension Office, 6-7:30 p.m.	Silver Knolls Spurs General Mtg., Silver Knolls Comm. Room, 6:30 p.m.
7			Advanced Baking, Douglas County Comm. Center, 5-7:45 p.m.	.
8		Arrowhead Livestock, Fuji Exh, 6-8 p.m.	Rabbit, 6-7:30 p.m.	.
8-12	Nevada Junior Livestock Show and Sale, RSLEC			.
9		4 Paws, Fuji Exh., 6-8 p.m.	4 Paws, Fuji Exh., 6-8 p.m.	.
10		Capital City Hot Shots, Carson City Gun Range, 6 p.m.		.
11		Capital City Critters, 6-8 p.m.	Sewing, DC Exten., 10 a.m.-12 p.m.	.
13		Sewing, 3-5 p.m.	Baking A, 5:30-7:30 p.m.	.
14			Equestrian, CVUMC, 6-7:30 p.m.	<b>Horse Leaders' Mtg., 5:30</b>
15			Baking B, 5:30-7:30 p.m.	.
16	4-H Camper non-Member registraion begins	4 Paws, Fuji Exh., 6-8 p.m.	4 Paws, Fuji Exh., 6-8 p.m.	Silver Knolls Spurs Record Book Meeting
17		Capital City Hot Shots, Carson City Gun Range, 6 p.m.		.
20		Target Rippers, Fuji Exh., 6-8:30 p.m.		.
21				<b>Livestock Leaders' Mtg., 6 p.m.</b>
22	4-H Camp Teen and Adult Training session			.
24		Capital City Hot Shots, Carson City Gun Range, 6 p.m.		.
27	<b>MEMORIAL DAY - OFFICES CLOSED</b>			
27		Sewing, 3-5 p.m.		.
31	Nevada Field Day & Ag Expo, 1000 Valley Road, 2-6 p.m.	Capital City Hot Shots, Carson City Gun Range, 6 p.m.		.
<b>June 2024</b>				
1			Cloverbuds, 10-11:30 a.m.	.
3		Target Rippers, Fuji Exh., 6-8:30 p.m.		Silver Knolls Spurs General Mtg., Silver Knolls Comm. Room, 6:30 p.m.
4			Advanced Baking, Douglas County Comm. Center, 5-7:45 p.m.	.
5			Wings n Things, 6:15-8:00 p.m.	.
6		4 Paws, Fuji Exh., 6-8 p.m.	4 Paws, Fuji Exh., 6-8 p.m.	.
7		Capital City Hot Shots, Carson City Gun Range, 6 p.m.		.
8	All Camp Staff Training, Washoe Office, 1-3:30 p.m.	Capital City Critters, 6-8 p.m.	Sewing, DC Exten., 10 a.m.-12 p.m.	.
10		Sewing, 3-5 p.m.	Baking A, 5:30-7:30 p.m.	.
11			Equestrian, CVUMC, 6-7:30 p.m.	<b>Horse Leaders' Mtg., 5:30</b>
12		Arrowhead Livestock, Fuji Exh, 6-8 p.m.	Rabbit, 6-7:30 p.m.	.
13		4 Paws, Fuji Exh., 6-8 p.m.	4 Paws, Fuji Exh., 6-8 p.m.	.
14		Capital City Hot Shots, Carson City Gun Range, 6 p.m.		.
17		Target Rippers, Fuji Exh., 6-8:30 p.m.		.
18	All Camp Staff Training, Washoe Office, 6-8 p.m.			.
19	<b>JUNETEENTH - OFFICES CLOSED</b>			
19			Baking B, 5:30-7:30 p.m.	.
20		4 Paws, Fuji Exh., 6-8 p.m.	4 Paws, Fuji Exh., 6-8 p.m.	.
21		Capital City Hot Shots, Carson City Gun Range, 6 p.m.		.
24		Sewing, 3-5 p.m.		.
25	New Camper Orientation, by Zoom, 5:30-6:30 p.m.			.
28		Capital City Hot Shots, Carson City Gun Range, 6 p.m.		.