

# Clover Clips



**EXTENSION**  
College of Agriculture,  
Biotechnology & Natural Resources



4-H Youth  
Development

Monthly 4-H Newsletter for Carson City,  
Douglas, Storey, and Washoe Counties

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## Being Inclusive of Youth with Disabilities

Did you know that in the United States, 31% of youth with disabilities report NO participation in afterschool activities? That's almost 1/3 of youth with Emotional, Developmental or Behavioral (EDB) challenges. This month we define disability and think about how to engage all who join us for inclusive 4-H programs.

### What does Disability mean?

Disability can impact a youth in a number of ways including, but not limited to: physical mobility, information processing, sensory processing, general development, and learning (CDC, 2020). Ways in which disability affects a youth is very individualized and may not be the same as how it impacts someone else with the same disability.

Not all disabilities are visible, so it is important for professionals to be prepared to adapt and be flexible when providing a program that is inclusive to all youth.

### How can we engage youth with disabilities?

Remember we are all people first, worthy of empathy and understanding. We strive to treat others as we want to be treated. But our needs are all unique and different, and we only learn when we ask what others need. In many ways we engage youth with disabilities the same way we do youth who don't have disabilities. Keeping that in mind, here are some methods for cre-

ating an inclusive space that keeps disabilities in mind:

- However an individual refers to their situation, ensure that you match that language. Some prefer "people-first language" such as "Josefina is a disabled girl" rather than "the disabled girl Josefina" or "Alex is on the autism spectrum, he is neurodivergent" rather than "the autistic boy Alex".
- Be proactive when communicating opportunities, for example – include which buildings have elevators and ramps and plan events in spaces that are accessible. Provide information on who should be contacted regarding accommodations.
- Modify information and instructions to allow all youth to understand what is being presented. Some examples include a visual schedule, larger font, videos, demonstrations, and short simple instructions.
- Show respect for others' dignity. Use appropriate language during discussions on disability. For example, the term handicap describes a situation or barrier imposed by society or environment and should not be used to describe an individual. Furthermore, talk to youth with disabilities in an age-appropriate manner and avoid speaking to them in a tone appropriate for a younger child.
- Reduce segregation of youth with disabilities, and emphasize the person's abilities, rather than their limitations. Some activities may need to be adapted; but keep peer groups together as much as possible.

### Keeping it all together

We are all doing our best to create a safe, inclusive space where all youth are welcome. It is challenging to remember new terms and make changes to places or methods. At some point we all make mistakes – we use the wrong word or forget to include information. But we are all people doing our best and learning more every day.

Continue your learning journey with this Fact Sheet on youth with disabilities:

<https://access-equity-belonging.extension.org/wp-content/uploads/2022/04/Youth-with-Disabilities.pdf>

### Individuals with Disabilities Education Act (IDEA)

Provides youth with qualifying disabilities free and appropriate public education. This law ensures that youth are provided modifications and adaptations when needed so that they can be set up to succeed in the most appropriate educational environment. A team of individuals (including the child's guardian) determines an Individualized Education Program (IEP) that identifies what specific accommodations are needed for the student to be successful.

## Lindsay Chichester Named State Leader of Nevada 4-H Youth Development

Congratulations to Dr. Lindsay Chichester who was appointed as the State Leader for 4-H Youth Development. Lindsay will transition into this new role by allocating 20% of her time in April and May and then 100% by June 1, 2024.

When announcing Lindsay's new position, Director of Extension Jacob DeDecker said, "As we look at our current needs (both as an organization and as a state) I'm excited to have Lindsay take on this leadership position. Lindsay has been successful in many different leadership roles and has a proven record of leading teams and accomplishing goals. Lindsay was a 10 year 4-H member in Lyon County and has a passion for youth development."

Dr. DeDecker will continue to provide leadership to 4-H during April and May until Lindsay fully transitions into this role. Together they will tackle several projects during this transition.

### A little bit about Lindsay:

Lindsay Chichester grew up on a cattle and sheep ranch in Topaz, CA. She was a 10-year 4-H member in Lyon County where she participated in projects such as cattle, sheep, public speaking, sewing and fashion review, and livestock judging. Lindsay was recruited to judge livestock at Redlands Community College in El Reno, OK, and also at Oklahoma Panhandle State University, Goodwell, OK. Chichester attended West Texas A&M University in Canyon, TX where she obtained a Master of Science in animal science with an emphasis in meat science, a Master of Art in speech communication with an emphasis in crisis communication. During this time, she was in collegiate 4-H and was a volunteer 4-H Leader in Texas. She also obtained a PhD in systems agriculture focusing on animal science, ag business, and plant, soil, and environmental science with an emphasis in meat science.

In her spare time, Chichester enjoys helping her parents on the family ranch, as well as many outdoor activities including camping, fishing, hunting, and 4-wheeling. She considers herself to be a foodie, and enjoys traveling, and spending time with family.



## 4-H Mounted Horse Clinic

Mark your Calendars and get your horse and gear ready. Washoe County 4-H Horse Leaders will present a Mounted Clinic on May 18, at the Reno Sparks Livestock Events Center. Sign-in begins at 8:30 a.m. The clinic starts promptly at 9 a.m.

The clinic will feature an Opening Demonstration is still being determined at press time.

Following the opening demonstration there will be two rotating sessions: Trail Obstacles presented by Kathy McCovey, and Ring Etiquette presented by Lindsay and Jasmine Odell.

Mounted clinics require all participants to wear an ASTM-SEI approved equestrian helmets. Proper attire, a club 4-H shirt or 4-H dress (a white long-sleeve shirt with green tie or scarf, long pants or jeans and boots), is also required.

Everyone should bring their own water bottle and snacks. There will not be a snack bar. Horseless members, please bring your stick horses so you can practice during each rotation.

RSVPs are required by Wednesday, May 15, 2024. To RSVP or for more information, please contact Sam Mitchell, [samm@unr.edu](mailto:samm@unr.edu) or 775-336-0259



## JOANN Point of Sale Campaign

Have some sewing or craft project ideas? Bring them to life while helping empower youth! Our friends at @JOANN are giving you a chance to support @4-H'ers with a donation in stores through May 4. There is still time to join JOANN in supporting 4-H to help create kids who are ready to lead in their communities and take on life's greatest challenges.

4-H believes that every youth should have an equal opportunity to succeed regardless of zip code, race, or socioeconomic status. That's why we work to provide flexible, youth-driven programming that incorporates hands-on learning and mentorship to equip kids with the skills and confidence they need to thrive. With your support for 4-H, you are investing in kids' potential and providing them with educational resources, mentorship and a sense of belonging.

Help inspire kids to create while doing some creating of your own. #JOANNloves4H

## New Carson City/Storey County Extension Office Address

The Carson City/Storey County Extension Office, the home of Carson City/Storey County 4-H, has moved to a new building. The 2621 Northgate Lane location is now closed.

The new location, 727 Fairview Drive Suite F in Carson City (89701) is not yet fully open as a few last details are being set. The connection to the University of Nevada network is still being established, but the staff can still be reached by email. The cell phone number dedicated to the office is 775-634-5702. The work is expected to be finished fairly soon. Leaders and members will be notified when it is completed.

## Nevada Junior Livestock Show

The Nevada Junior Livestock Show (NJLS) will be at the Reno/Sparks Livestock Events Center May 8-12 2024, with livestock weigh-in/check-in and exhibitor check-in on Wednesday evening and Thursday morning. The show starts Thursday afternoon.

The show will include 4-H members as well FFA, Grange, and independent youth. This is a chance to see examples of beef, swine, sheep, goats, rabbits, poultry and turkeys raised by local youth.

Exhibitors are reminded to get their excuse letters to their schools before the event.

For a schedule of events and information, go to the website at <http://agri.nv.gov/Administration/NJLSB/NJLSB/>. You can also email [NJLSB@agri.nv.gov](mailto:NJLSB@agri.nv.gov).



## Livestock Judging Contest with NJLS

The Nevada State 4-H Livestock Judging Contest is May 8, 2024 in conjunction with the Nevada Junior Livestock Show (NJLS). It will be at the Reno/Sparks Livestock Events Center in Reno (1305 N. Wells Avenue, Reno). Check in starts at 9:00 a.m., with the contest beginning at 10:00 a.m.

The primary goal of the State 4-H Livestock contests is to recognize and interpret visual differences between livestock animals and to understand livestock production and management practices. These are valuable skills for youth to learn, comprehend, and utilize.

There are two divisions for Judging, 4-H Division and FFA, Grange, or Independent Youth Division. Each division has three age categories (age, as of January 1, 2022): Junior (ages 9 to 10 years old), Intermediate (11 to 13 years old), and Senior (14 to 19 years old).

Copies of the judging rules for all divisions can be found on UNR Extension website at [https://naes.agnt.unr.edu/PMS/Pubs/1366\\_2019\\_132.pdf](https://naes.agnt.unr.edu/PMS/Pubs/1366_2019_132.pdf) or you can get a copy from County UNR Extension Offices.

## Upcoming 4-H Shooting Sports Events

There is a Level 1 Shooting Sports Volunteer Certification in Elko, NV on May 18-19, 2024. A minimum of five participants are needed for a discipline training to be held. So far registration has been light. Registration closes May 8, 2024.

The 2024 National Championships for 4-H Shooting Sports is on June 23-28 in Grand Island, Nebraska. Payment is due to Hailey Wright ([haileywright@unr.edu](mailto:haileywright@unr.edu)) no later than May 15, 2024. If you have youth who are interested in attending please contact Hailey and she will email you the payment information.



## Camper Registration Begins

The 4-H Northern Area/Western 4-H Camp is July 7-13, 2024. The theme this year is *Legends and Heroes of 4-H*. It's a fun look at history and mythology. As always there will be crafts, activities, presentations by local experts, and STEM projects with 4-H staff. Here are some dates to keep in mind.

Camper registration for current 4-H members (who will be 9-12 years of age on July 7) began May 1. Camper Registration forms are emailed to all age eligible 4-H members in Carson City, Douglas, Storey and Washoe counties. Only 4-H member registrations will be accepted until May 16, when registration is open to the general public in those four counties.

Registration forms for previous campers and families who have asked to be added to the interest list will be emailed on May 16.

If you wish to sign-up for camp and have not received an application, you can contact Sam Mitchell at [samm@unr.edu](mailto:samm@unr.edu) to have the forms emailed to you.

Adults who wish to be Chaperones need to contact their County 4-H coordinator, or Sarah Chivilicek in Washoe County ([sarahc@unr.edu](mailto:sarahc@unr.edu) or 775-336-0236). If you are not a 4-H Leader or other screened individual, please register **as soon as possible**. Only adults who have completed a background check and references are allowed to be Chaperones. The background check will often take 4-6 weeks.

## Tractor Supply Paper Clovers

The Spring Tractor Supply 4-H Paper Clover undraiser started April 24 and is in full swing! The deadline to get your 4 H Paper Clover has been extended by a week. Head to your nearest Tractor Supply store by Sunday, May 12th, and get your Paper Clover at checkout to show your support.

Since 2010, Tractor Supply has partnered with 4-H to help create Opportunity4All and raise more than \$20 million through the Paper Clover campaign. The success of these campaigns has impacted over 100,000 youth by providing them with the tools and resources they need to move forward and reach their full potential.

100 percent of funds raised through the bi-annual Paper Clover campaign directly benefits 4-H youth. 90 percent of donations directly support 4-H youth in the state where the funds were raised, and the remaining 10 percent supports the overall mission and growth of 4-H nationally.

There are three Tractor Supply location nearby:

- 451 E Prater Way, Sparks, NV 89431
- 2035 E William St, Carson City, NV 89701
- 1645 NV-88, Minden, NV 89423

Stop by and help support your local 4-H.

# Field Day & Ag Expo at Main Station

This year's Field Day and Ag Expo is scheduled for Friday, May 31, 2024 at Main Station, 1000 Valley Road, in Reno. The Event is 2:00 - 6:00 p.m., is free and open to the public, and will have activities for the whole family.

The event will be buzzing with activities at more than 40 booths focusing on the latest advancements in agriculture, horticulture, nutrition, natural resources and the environment. A Main Stage will feature demonstrations on practical things such as container gardening to attract pollinators presented by the Extension Master Gardeners and protecting your home from wildfire embers from Extension's Living With Fire Program .

"This is great time of year for people to visit the University's Valley Road Field Lab," said Bill Payne, dean of the College. "There will be a lot to see and do, and it really helps people understand how we blend the missions of the University in terms of teaching, research and engaging with our communities to serve Nevadans in their everyday lives."

The Field Lab is home to the Experiment Station's Desert Farming Initiative , which will be selling its organic produce and plant starts at the event, as well as providing a self-guided tour showing organic farming practices and hoop house production.

The Valley Road Field Lab also hosts a variety of other research projects, and guided tours will be provided featuring:

- the modernized greenhouse facility and research activities, field plant research projects, farming equipment, specialized research machines and high-tech analytical instrumentation; and

- field crop research that is being conducted at the property, such as sorghum, hemp, wheat, soybeans, alfalfa, cactus, native plants and more.

Wolf Pack Meats will also be on hand, selling meats produced at the University's Main Station Field Lab in southeast Reno. The facility provides USDA-inspected harvesting and processing services to local farmers, teaches students the latest in meat technology, and maintains its own herd to study ways to produce meat in greater quantities with higher quality.

The new line of wool products from the College's Rafter 7 Merino sheep , raised in Eureka, Nevada, at the University's Great Basin Research & Extension Center , will also be on display and for sale.

There will also be a wine tasting for those 21 and over, courtesy of a partnership among the College, its Experiment Station and the Nevada Grape Growers & Winemakers.

For the kids, the 4-H Youth Development Program will have a hands-on activity for youth to learn how to make "seed paper," and then the kids will be able to take home their creations and plant them. In addition, the 4-H Pollinator Ambassador Program will have information on how to plan, install and work together to sustain pollinator habitats in Nevada.

The main entrance and parking is at the intersection of Sadleir Way and Southworth Drive. Also, parking for persons with disability is available from the parking attendant(s) at 920 Valley Rd. Please, no pets allowed.

*Persons in need of special accommodations or assistance should contact Paul Lessick, civil rights and compliance coordinator; at [plessick@unr.edu](mailto:plessick@unr.edu) or 702-257-5577 at least five days prior to the event.*



## Northern Area/Western May Dates to Remember

- May 1** - 4-H Member Camp Applications available (emailed to all age eligible members)
- May 8-12** - Nevada Junior Livestock Show and Sale (NJLS)
- May 16** - Non- 4-H Member Camp Applications available

Find it in  [4-h.org/clover/](https://4-h.org/clover/)

**Rockets to the Moon**- Ever looked up at the moon and wondered how people get there? Get started learning by launching a virtual rocket from where you are right now!

Hello, young space explorers! All you need is a phone or tablet to Build Your Own Rocket using our app. From there you can customize the look and feel, and equip it with all it needs to get to the moon. But watch out, because everything needs to be balanced just right to make this lunar journey. Remember, every great astronaut, scientist, and space enthusiast started as a curious kid like you. So dream big, explore more, and shoot for the moon!

<https://4-h.org/clover/activities/rockets-to-the-moon/>

**4-H is a program of University of Nevada, Reno Extension**

### CLOVER CLIPS PARTICIPATING COUNTY OFFICES

**Carson City/Storey County**  
775-634-5702  
727 Fairview Drive Suite F  
Carson City, NV 89701

**Douglas County**  
775-782-9960  
1325 Waterloo  
Gardnerville, NV 89410

**Washoe County**  
775-336-0259  
4955 Energy Way  
Reno, NV 89502

The University of Nevada, Reno is committed to providing a place of work and learning free of discrimination on the basis of a person's age (40 or older), disability, whether actual or perceived by others (including service-connected disabilities), gender (including pregnancy-related conditions), military status or military obligations, sexual orientation, gender identity or expression, genetic information, national origin, race (including hair texture and protected hairstyles such as natural hairstyles, afros, Bantu knots, curls, braids, locks, and twists), color, or religion (protected classes). Where discrimination is found to have occurred, the University will act to stop the discrimination, prevent its recurrence, remedy its effects, and discipline those responsible.

Unless stated differently, all meetings are held at your local Extension office.

## 4-H Events Calendar May 2024



DATE	WESTERN AREA AND OTHER COUNTIES	CARSON CITY/STOREY COUNTY	DOUGLAS COUNTY	WASHOE COUNTY
1	4-H Camper registration forms sent to 4-H members	Wings and Things	Wings n Things, 6:15-8:00 p.m.	.
2	.	4 Paws, Fuji Exh., 6-8 p.m.	4 Paws, Fuji Exh., 6-8 p.m.	.
3	.	Capital City Hot Shots, CC Gun Range, 6 p.m.	.	.
4	Camp Teen interviews, Washoe 4-H Office	.	Cloverbuds, 10-11:30 a.m.	.
6	.	Target Rippers, Fuji Exh., 6-8:30 p.m.	CV Shepards, Extension Office, 6-7:30 p.m.	Silver Knolls Spurs General Mtg., Silver Knolls Comm. Room, 6:30 p.m.
7	.	.	Advanced Baking, Douglas Co. Comm. Center, 5-7:45 p.m.	.
8	.	Arrowhead Livestock, Fuji Exh. 6-8 p.m.	Rabbit, 6-7:30 p.m.	.
8-12	Nevada Junior Livestock Show and Sale, RSLEC	.	.	.
9	.	4 Paws, Fuji Exh., 6-8 p.m.	4 Paws, Fuji Exh., 6-8 p.m.	.
10	.	Capital City Hot Shots, CC Gun Range, 6 p.m.	.	.
11	.	Capital City Critters, 6-8 p.m.	Sewing, DC Exten., 10 a.m.-12 p.m.	.
13	.	Sewing, 3-5 p.m.	Baking A, 5:30-7:30 p.m.	.
14	.	.	Equestrian, CVUMC, 6-7:30 p.m.	<b>Horse Leaders' Mtg., 5:30</b>
15	.	.	Baking B, 5:30-7:30 p.m.	.
16	4-H Camper non-Member registraion begins	4 Paws, Fuji Exh., 6-8 p.m.	4 Paws, Fuji Exh., 6-8 p.m.	Silver Knolls Spurs Record Book Meeting, time TBD
17	.	Capital City Hot Shots, CC Gun Range, 6 p.m.	.	.
20	.	Target Rippers, Fuji Exh., 6-8:30 p.m.	.	.
21	.	.	.	<b>Livestock Leaders' Mtg., 6 p.m.</b>
22	4-H Camp Teen and Adult Training session	.	.	.
24	.	Capital City Hot Shots, CC Gun Range, 6 p.m.	.	.
27	<b>MEMORIAL DAY - OFFICES CLOSED</b>			
27	.	Sewing, 3-5 p.m.	.	.
31	Nevada Field Day & Ag Expo, 1000 Valley Road, 2-6 p.m.	Capital City Hot Shots, CC Gun Range, 6 p.m.	.	.



Memorial Day, May 27

Unless stated differently, all meetings are held at your local Extension office.

# Upcoming 4-H Events Calendar



DATE	WESTERN AREA AND OTHER COUNTIES	CARSON CITY/STOREY COUNTY	DOUGLAS COUNTY	WASHOE COUNTY
<b>June 2024</b>				
1	.	.	Cloverbuds, 10-11:30 a.m.	.
3	.	Target Rippers, Fuji Exh., 6-8:30 p.m.	.	Silver Knolls Spurs General Mtg., Silver Knolls Comm. Room, 6:30 p.m.
4	.	.	Advanced Baking, Douglas County Comm. Center, 5-7:45 p.m.	.
5	.	.	Wings n Things, 6:15-8:00 p.m.	.
6	.	4 Paws, Fuji Exh., 6-8 p.m.	4 Paws, Fuji Exh., 6-8 p.m.	.
7	.	Capital City Hot Shots, Carson City Gun Range, 6 p.m.	.	.
8	All Camp Staff Training, Washoe Office, 1-3:30 p.m.	Capital City Critters, 6-8 p.m.	Sewing, DC Exten., 10 a.m.-12 p.m.	.
10	.	Sewing, 3-5 p.m.	Baking A, 5:30-7:30 p.m.	.
11	.	.	Equestrian, CVUMC, 6-7:30 p.m.	<b>Horse Leaders' Mtg., 5:30</b>
12	.	Arrowhead Livestock, Fuji Exh, 6-8 p.m.	Rabbit, 6-7:30 p.m.	.
13	.	4 Paws, Fuji Exh., 6-8 p.m.	4 Paws, Fuji Exh., 6-8 p.m.	.
14	.	Capital City Hot Shots, Carson City Gun Range, 6 p.m.	.	.
17	.	Target Rippers, Fuji Exh., 6-8:30 p.m.	.	.
18	All Camp Staff Training, Washoe Office, 6-8 p.m.	.	.	.
19	<b>JUNETEENTH - OFFICES CLOSED</b>			
19	.	.	Baking B, 5:30-7:30 p.m.	.
20	.	4 Paws, Fuji Exh., 6-8 p.m.	4 Paws, Fuji Exh., 6-8 p.m.	.
20-29	Reno Rodeo, Rodeo Grounds	.	.	.
21	.	Capital City Hot Shots, Carson City Gun Range, 6 p.m.	.	.
24	.	Sewing, 3-5 p.m.	.	.
25	New Camper Orientation, by Zoom, 5:30-6:30 p.m.	.	.	.
28	.	Capital City Hot Shots, Carson City Gun Range, 6 p.m.	.	.
<b>July 2024</b>				
1	.	.	CV Shepards, Extension Office, 6-7:30 p.m.	Silver Knolls Spurs General Mtg., Silver Knolls Comm. Rm, 6:30 p.m.
2	.	Target Rippers, Fuji Exh., 6-8:30 p.m.	Advanced Baking, Douglas County Comm. Center, 5-7:45 p.m.	.
3	.	.	Wings n Things, 6:15-8:00 p.m.	.
4	<b>INDEPENDENCE DAY - OFFICES CLOSED</b>			
TBD	.	.	.	Small Animal Leaders' Meeting, TBD
5	.	Capital City Hot Shots, Carson City Gun Range, 6 p.m.	.	.
6	Staff reports to Camp, 3 p.m.	.	Cloverbuds, 10-11:30 a.m.	.
7-13	Northern Area / Western 4-H Camp at Tahoe	.	.	.
8	.	.	Baking A, 5:30-7:30 p.m.	.
9	.	Sewing, 3-5 p.m.	Equestrian, CVUMC, 6-7:30 p.m.	.
10	.	.	Rabbit, 6-7:30 p.m.	.
11	.	4 Paws, Fuji Exh., 6-8 p.m.	4 Paws, Fuji Exh., 6-8 p.m.	.
12	.	Capital City Hot Shots, Carson City Gun Range, 6 p.m.	.	.
13	.	Capital City Critters, 6-8 p.m.	Sewing, DC Exten., 10 a.m.-12 p.m.	.
16	.	Target Rippers, Fuji Exh., 6-8:30 p.m.	.	.
17	.	.	Baking B, 5:30-7:30 p.m.	.
18	.	4 Paws, Fuji Exh., 6-8 p.m.	4 Paws, Fuji Exh., 6-8 p.m.	.
19	.	Capital City Hot Shots, Carson City Gun Range, 6 p.m.	.	.
22	.	.	.	Leaders' Council Meeting, 5:30 p.m.,
23	.	Sewing, 3-5 p.m.	.	.
25	.	4 Paws, Fuji Exh., 6-8 p.m.	4 Paws, Fuji Exh., 6-8 p.m.	.
26	.	Capital City Hot Shots, Carson City Gun Range, 6 p.m.	.	.