

Clover Clips



EXTENSION
College of Agriculture,
Biotechnology & Natural Resources



4-H Youth
Development

Monthly 4-H Newsletter for Carson City,
Douglas, Storey, and Washoe Counties

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4-H Helping LGBTQ+ Youth to Thrive

June is Pride month, so it's a good time to discuss supporting LGBTQ+ youth. 4-H has made a commitment to our LGBTQ+ youth community for all-inclusive clubs and activities. Across our nation, LGBTQ+ youth have vastly different experiences. Many young people feel unsafe in school, their communities, and sometimes their own homes. 4-H has promised to help all youth fully thrive in our 4-H community. Our programs help employees, volunteers, group leaders, and parents learn how to ensure a space of inclusion, belonging and safety that follows our 4-H thriving model.

Let's get familiar with the diverse cultures within LGBTQ+. For starters, LGBTQ+ is an initialism used as an umbrella term for people who are L – Lesbian, G – Gay, B – bisexual, T – transgender, and/or Q - queer. The + indicates there is a wide range of other identities, orientations, and gender expressions including Two-Spirit, Non-Binary, Asexual, Aromatic, and Genderfluid to name a few (Stonewall, 2023). That may feel like a lot – because it is a lot; humanity is a lot. There are eight billion of us on Earth all experiencing different lives. We are diverse in how we think, look, feel, and communicate. It follows there are differences in our genders and orientations.

There are also intersections between unique cultures, social ecosystems, economic backgrounds, and histories. For example, issues of racism—which may amplify when combined with anti-LGBTQ+ discrimination—affect LGBTQ+ youth of color (Daley et al., 2007; Schmitz et al., 2019). Issues of gender-neutral bathrooms are more consequential for transgender, intersex, and nonbinary youth than cisgender lesbian, gay, or bisexual youth.

LGBTQ+ youth are not all the same and the competencies required to serve them may vary based on the needs of specific youth or youth populations. An equity lens allows us to understand the specific conditions we 4-H practitioners must consider when planning our programs.

Let's get specific to after school opportunities. Programs that explicitly accept youth in the LGBTQ+ community are very limited. Yet research has shown that youth are coming out at a younger age than ever before. "A report by the Williams Institute estimates about 9.5% of youth ages 13-17 in the U.S., or about 1.9 million youth, identify as LGBTQ+."

Youth who identify as part of the LGBTQ+ community are at higher risk of being bullied or victimized - within schools or out of school activities based on their gender and sexuality. Those kinds of experiences

can lead to mental health issues, including depression, anxiety, and suicidality. Suicide is the second leading cause of death among young people ages 10-14, and the third leading cause of death among 15-24 year olds

(Centers for Disease Control and Prevention, 2022). Lesbian, gay, bisexual, transgender, queer, and questioning (LGBTQ+) young people are at significantly increased risk (The Trevor Project, 2024).

Those facts are difficult to hear, but there is good news. 4-H is an all-inclusive non-judgmental out of school program that is welcoming to all. "One Study confirmed that gay males participated in 4-H for many years with positive outcomes even though they may not have recognized their sexual orientation until later in life" (Howard et al, 2021).

This is key - when we create safe environments free from bias, then youth from all backgrounds and orientations can thrive.

What can we do? Be present and keep an open mind. Caring adults who affirm youths' identities and provide support and assistance navigating difficult circumstances can make the difference between life and death for LGBTQ+ youth. Youth development programs are in a unique position to provide equitable spaces and other opportunities for LGBTQ+ youth. It is essential for LGBTQ+ youth to find safe and affirm-



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Sagebrush Horse Show and Washoe County 4-H Horse Judging

The next Sagebrush Community Horse Show is on June 9. Concurrent with the show will be the Washoe County 4-H Horse Judging Contest (re-scheduled from April 6, 2024)

Both events are at Lemmon Valley Horseman's Arena in Lemmon Valley (11400 Deodar Way, in Lemmon Valley)

Sagebrush offers fun, affordable and rewarding adventures in the show ring. Special classes are included for the novice rider and green horses. Again this year is a discounted entry fee for youth enrolled in recognized 4-H clubs. All riders are welcome to ride in and be judged in the All Breed and Colored Horses classes. Class list and entry form at www.comstockarabianassociation.com.

The 2024 4-H Horse Judging Contest is open to all 4-H Horse Project members in Washoe County clubs:

Adults and Cloverbuds (for fun and experience), Juniors, Intermediate, and Seniors.

There will be two halter classes, two performance classes, reasons on one of the halter classes and one of the performance classes, and Tack ID and Feed ID classes. Ribbons will be awarded to the top four in each age division.

Judging is required for 100% attendance for Washoe County 4-H Horse Members. Registration and assumption of risk forms are to be returned to Sam Mitchell, samm@unr.edu, by June 6, 2024



The Story Behind Juneteenth

Juneteenth marks our country's second independence day. Although it has long been celebrated in the African American community, this monumental event remains largely unfamiliar to most Americans.

On "Freedom's Eve," or the eve of January 1, 1863, the first Watch Night services took place. On that night, enslaved and free African Americans gathered in churches and private homes all across the country awaiting news that the Emancipation Proclamation had taken effect. At the stroke of midnight, prayers were answered as all enslaved people in Confederate States were declared legally free. Union soldiers, many of whom were black, marched onto plantations and across cities in the south reading small copies of the Emancipation Proclamation spreading the news of freedom in Confederate States. Only through the Thirteenth Amendment did emancipation end slavery throughout the United States.

But not everyone in Confederate territory would immediately be free. Even though the Emancipation Proclamation was made effective in 1863, it could not be implemented in places still under Confederate control. As a result, in the westernmost Confederate state of Texas, enslaved people would not be free until much later. Freedom finally came on June 19, 1865, when some 2,000 Union troops arrived in Galveston Bay, Texas. The army announced that the more than 250,000 enslaved black people in the state, were free by executive decree. This day came to be known as "Juneteenth," by the newly freed people in Texas.

The historical legacy of Juneteenth shows the value of never giving up hope in uncertain times.

This article is from The National Museum of African American History and Culture. <https://nmaahc.si.edu/>



LGBTQ+

(Continued from Page 1)

ing spaces in which they can present who they are authentically, without fear of retribution, and create supportive relationships (Talbert, 2004).

How do we plan? Consider the groups with whom you are partnering – do they create safe spaces and reflect the diversity of our community? Who needs to be part of the conversation or is missing from it when considering new programs or partners? Do partner policies and practices specifically value, protect, and name LGBTQ+ diversity?

Growing up is tough. We can make it easier. As professionals in 4-H programing it is our duty to support an all-inclusive system that youth can count on for protection and guidance.

Continue your learning journey with this Fact Sheet on LGBTQ+ Youth: <https://access-equity-be-longing.extension.org/wp-content/uploads/2022/04/LGBTQ-Youth.pdf>

NNBCAS Juneteenth Parade

The Northern Nevada Black Cultural Awareness Society (NNBCAS) is collaborating with the City of Reno to bring to the Northern Nevada community the first Juneteenth Parade on Virginia Street in downtown Reno. The parade will be on Wednesday, June 19th from 11 a.m. to 3 p.m. If you would like to participate in the parade go to: nmbcasevents.com.

There will also be a gathering after the parade is over at the locomotive park with fun, food, and music.

4-H Festival Coming in August

Mark your calendars. The annual 4-H Festival will take place on Saturday, August 24, at Rancho San Rafael Park.

It will be a chance for those not in 4-H to see some of the great clubs and activities that are available.

It is also an opportunity for clubs to display their projects.

Reno Rodeo Magazine Sales

It's almost Reno Rodeo time again!

Washoe County 4-H will once again distribute Reno Rodeo programs. This is an opportunity to raise a significant amount of money for your 4-H Clubs and the Washoe County 4-H Council.

What is needed:

- There needs to be at least 15 4-H Members each night.
- Younger members can join as long as they have an adult working directly with them.
- 6-8 adults are required each night. RSVP by Friday, June 14 to Rachel Kaiser-Schoen at rkaiserschoen@unr.edu or 775-336-0235



4-H Rodeo Dates:

- Wednesday, June 26 – NEVADA Wolf Pack Night, Go Pack!!
- Thursday, June 27 – Coors Night
- Friday, June 28 – Breast Cancer Awareness “Pink Night”
- Saturday, June 29 – Wrangler Pro Rodeo Tour Championship Performance

Essential Info:

- Participants need to arrive at 3 p.m. each day
- The group gathers at Grandstand 3
- Please wear 4-H shirt: club shirts, 4-H t-shirts, or the official 4-H uniform
- Please do not wear pants with holes or shorts.
- Adults receive buttons and lanyards - these identify adults as program sellers and need to be turned in each night. Select adults will receive money bags for donations.

Timeline:

On arrival at 3:00, youth will help to stuff Day Sheets (specific to each day) into the programs and make sure the programs are ready to be distributed. Once this is finished, youth and adults have a bit of time to explore the booths, get food, or relax. Everyone regroup and starts distributing around 5:30 p.m. Please bring your own food or money to buy food during this break.

The total time for each night is 3 p.m. to 8 p.m. The button does not get anyone into the Rodeo performance. Anyone wanting to see the Rodeo will have to purchase a rodeo ticket.

Fundraising Info:

The proceeds from program distribution are split 50/50 with Reno Rodeo. Of the 50% that comes to 4-H, the profits again are split 50/50 between each club working and the 4-H Leaders' Council. Funds raised for the Council will support national and regional events for our members and leaders.

We look forward to seeing you at another successful year of 4-H and Reno Rodeo collaboration!

To sign up or to get more information, please contact Rachel at rkaiserschoen@unr.edu or 775-336-0235

Summer Camp Features Legends and Heroes of 4-H

The 4-H Northern Area/Western 4-H Camp is July 7-13, 2024. The theme this year is *Legends and Heroes of 4-H*. It's a fun look at history and mythology. As always there will be crafts, activities, presentations by local experts, and STEM projects with 4-H staff.

Camper registration was opened on May 1, currently, all spaces for female campers are filled. Several spaces for male campers are still available.

Registration ends on June 14 or when all spaces are filled.

In addition to the information contained in the registration packets, a one-hour Camper/Parent orientation Zoom meeting is planned for Tuesday, June 25, starting at 5:30 p.m.

If you wish to sign-up for camp and have not received an application, you can contact Sam Mitchell at samm@unr.edu to have the forms emailed to you.



Humming Along with Pollinators

When talking about pollinators, most people think of bees and butterflies, but there are other pollinators that also contribute. One of the most fascinating and fun to watch are hummingbirds. With more than 340 different species, hummingbirds are unique to the Americas. As they fly from flower to flower, they sip nectar (they can move their tongues in and out of nectar 13 times per second!) and the pollen gets stuck to their beaks which they drop off at the next flower.



If hummingbirds didn't help with pollination, then over 8,000 types of flowers in North and South America wouldn't even exist!

You can explore the role hummingbirds play in the fascinating process of pollination.

Using recycled materials and simple craft supplies, you can make your own hummingbird feeder while learning about how these tiny birds pollinate flowers.

You can find out how with this *CLOVER* by 4-H Pollinators activity: <https://4-h.org/clover/activities/4-h-pollinators-hummingbirds/>

Another way to attract humming birds is by planting flowers that they prefer. There are plants that do well in our area.

Find out about them from this University of Nevada, Reno Extension publication: <https://extension.unr.edu/publication.aspx?PubID=2135>

Nevada Youth Wildfire Preparedness Challenge

Get ready to make a difference in your community with the Nevada Youth Wildfire Preparedness Challenge presented by the **Living With Fire** program.

Wildfires can be dangerous, but there are many things Nevadans can do to make the place they live safer from wildfires. This challenge sponsored by the NV Energy Foundation is for youth ages 5-18 to learn how to prepare for wildfire and be recognized for making their communities safer places to live.

This challenge is meant to involve youth in Nevada by helping them prepare for wildfire in their local communities. Providing youth with the knowledge they need to make a difference can strengthen the bonds between organizations like us, and community members like you... plus there are prizes! Projects can be completed in as little as an afternoon or spread out over a few weeks.

How to Participate:

1. Take action to improve your community's wildfire preparedness

2. Submit your project by July 15, 2024
3. Judges will award monetary prizes to top projects

Prizes: A panel of judges will review projects after July 15. Prizes will be presented for each of the following age groups: Grades K-5, Grades 6-8, Grades 9-12.

- 1st place \$1,500
- 2nd place \$1,000
- 3rd place \$500
- Judges' choice up to \$1,000



**NEVADA YOUTH
WILDFIRE PREPAREDNESS
CHALLENGE**

To get more details and submit your project, go to <https://www.livingwithfire.org/nevada-youth-wildfire-preparedness-challenge/>

For questions please contact Spencer Eusden at seusden@unr.edu

Acknowledgements: Funding for the Nevada Youth Wildfire Preparedness Challenge is provided by the Nevada Energy Foundation.

Living With Fire and 4-H are programs of University of Nevada, Reno Extension.

To find out how to better prepare your house and property for wildfires, plan for emergency evacuations, and access helpful publications and resources go online to <https://www.livingwithfire.org/>

Northern Area/Western June Dates to Remember

June 11 - Nevada Primary Election

June 19 - Juneteenth Holiday-
(Offices Closed)

June 20-29 - Reno Rodeo

June 25 - New Camper Orientation for
Northern Area / Western 4-H Camp
(Zoom Meeting)

Find it in **CLOVER** by 4H 4-h.org/clover/

A lot of people think computers are really complicated to learn. Did you know that there are just four basic concepts involved in **Computational Thinking**? It's true!

Better yet, they're not hard to understand. And once you do understand a bit about them, you'll start to see these ideas everywhere in the world around you -- not just computers.

These activities are at the core of the 4-H Computer Science curriculum, and they provide a strong foundation for everything else. Complete this four activity course in *CLOVER by 4-H* to earn the coveted "Computational Thinking" pin, and more Computer Science points that get you closer to your next pin too!

Find it online at <https://4-h.org/clover/activities/computational-thinking/>

4-H is a program of University of Nevada, Reno Extension

CLOVER CLIPS PARTICIPATING COUNTY OFFICES

Carson City/Storey County
775-634-5702
727 Fairview Drive Suite F
Carson City, NV 89701

Douglas County
775-782-9960
1325 Waterloo
Gardnerville, NV 89410

Washoe County
775-336-0259
4955 Energy Way
Reno, NV 89502

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Unless stated differently, all meetings are held at your local Extension office.

4-H Events Calendar June 2024



DATE	WESTERN AREA AND OTHER COUNTIES	CARSON CITY/STOREY COUNTY	DOUGLAS COUNTY	WASHOE COUNTY
1	.	.	Cloverbuds, 10-11:30 a.m.	.
3	.	Target Rippers, Fuji Exh., 6-8:30 p.m.	.	Silver Knolls Spurs General Mtg., Silver Knolls Comm.
4	.	.	Advanced Baking, Douglas County Comm. Center, 5-7:45	.
5	.	.	Wings n Things, 6:15-8:00 p.m.	.
6	.	4 Paws, Fuji Exh., 6-8 p.m.	4 Paws, Fuji Exh., 6-8 p.m.	.
7	.	Capital City Hot Shots, CC Gun Range, 6 p.m.	.	.
8	All Camp Staff Training, Washoe Office, 1-3:30 p.m.	Capital City Critters, 6-8 p.m.	Sewing, DC Exten., 10 a.m.-12 p.m.	.
9	.	.	.	Washoe Co. Horse Judging Contest and Sagebrush Community Horse Show, Lemmon Valley Arena, 9 a.m.
10	.	Sewing, 3-5 p.m.	Baking A, 5:30-7:30 p.m.	.
11	.	.	Equestrian, CVUMC, 6-7:30 p.m.	Horse Leaders' Mtg., 5:30
12	.	Arrowhead Livestock, Fuji Exh. 6-8 p.m.	Rabbit, 6-7:30 p.m.	.
13	.	4 Paws, Fuji Exh., 6-8 p.m.	4 Paws, Fuji Exh., 6-8 p.m.	.
14	.	Capital City Hot Shots, CC Gun Range, 6 p.m.	.	.
17	.	Target Rippers, Fuji Exh., 6-8:30 p.m.	.	.
18	All Camp Staff Training, Washoe Office, 6-8 p.m.	.	.	.
19	JUNETEENTH - OFFICES CLOSED			
19	.	.	Baking B, 5:30-7:30 p.m.	.
20	.	4 Paws, Fuji Exh., 6-8 p.m.	4 Paws, Fuji Exh., 6-8 p.m.	.
20-29	Reno Rodeo, Rodeo Grounds	.	.	.
21	.	Capital City Hot Shots, CC Gun Range, 6 p.m.	.	.
24	.	Sewing, 3-5 p.m.	.	.
25	New Camper Orientation, by Zoom, 5:30-6:30 p.m.	.	.	.
28	.	Capital City Hot Shots, CC Gun Range, 6 p.m.	.	.



Unless stated differently, all meetings are held at your local Extension office.

Upcoming 4-H Events Calendar



DATE	WESTERN AREA AND OTHER COUNTIES	CARSON CITY/STOREY COUNTY	DOUGLAS COUNTY	WASHOE COUNTY
July 2024				
1			CV Shepards, Extension Office, 6-7:30 p.m.	Silver Knolls Spurs General Mtg., Silver Knolls Comm. Rm, 6:30 p.m.
2		Target Rippers, Fuji Exh., 6-8:30 p.m.	Advanced Baking, Douglas County Comm. Center, 5-7:45 p.m.	
3			Wings n Things, 6:15-8:00 p.m.	
4	INDEPENDENCE DAY - OFFICES CLOSED			
TBD				Small Animal Leaders' Meeting, TBD
5		Capital City Hot Shots, Carson City Gun Range, 6 p.m.		
6	Staff reports to Camp, 3 p.m.		Cloverbuds, 10-11:30 a.m.	
7-13	Northern Area / Western 4-H Camp at Tahoe			
8			Baking A, 5:30-7:30 p.m.	
9		Sewing, 3-5 p.m.	Equestrian, CVUMC, 6-7:30 p.m.	Horse Leaders' Mtg., 5:30 p.m.
10			Rabbit, 6-7:30 p.m.	
11		4 Paws, Fuji Exh., 6-8 p.m.	4 Paws, Fuji Exh., 6-8 p.m.	
12		Capital City Hot Shots, Carson City Gun Range, 6 p.m.		
13		Capital City Critters, 6-8 p.m.	Sewing, DC Exten., 10 a.m.-12 p.m.	
16		Target Rippers, Fuji Exh., 6-8:30 p.m.		
17			Baking B, 5:30-7:30 p.m.	
18		4 Paws, Fuji Exh., 6-8 p.m.	4 Paws, Fuji Exh., 6-8 p.m.	
19		Capital City Hot Shots, Carson City Gun Range, 6 p.m.		
22				Leaders' Council Meeting, 5:30 p.m.
23		Sewing, 3-5 p.m.		
25	Camp Wrap-up Meeting, Bowers Mansion, 5:30 p.m.	4 Paws, Fuji Exh., 6-8 p.m.	4 Paws, Fuji Exh., 6-8 p.m.	
26		Capital City Hot Shots, Carson City Gun Range, 6 p.m.		
August 2024				
1		4 Paws, Fuji Exh., 6-8 p.m.	4 Paws, Fuji Exh., 6-8 p.m.	
2		Capital City Hot Shots, Carson City Gun Range, 6 p.m.		
3			Cloverbuds, 10-11:30 a.m.	
5		Target Rippers, Fuji Exh., 6-8:30 p.m.	CV Shepards, Extension Office, 6-7:30 p.m.	
6			Advanced Baking, Douglas County Comm. Center, 5-7:45 p.m.	
7			Wings n Things, 6:15-8:00 p.m.	
8		4 Paws, Fuji Exh., 6-8 p.m.	4 Paws, Fuji Exh., 6-8 p.m.	
9		Capital City Hot Shots, Carson City Gun Range, 6 p.m.		
10		Capital City Critters, 6-8 p.m.	Sewing, DC Exten., 10 a.m.-12 p.m.	
12		Sewing, 3-5 p.m.	Baking A, 5:30-7:30 p.m.	
13			Equestrian, CVUMC, 6-7:30 p.m.	Horse Leaders' Mtg., 5:30 p.m.
14			Rabbit, 6-7:30 p.m.	
15		4 Paws, Fuji Exh., 6-8 p.m.	4 Paws, Fuji Exh., 6-8 p.m.	
16		Capital City Hot Shots, Carson City Gun Range, 6 p.m.		
19		Target Rippers, Fuji Exh., 6-8:30 p.m.		
21			Baking B, 5:30-7:30 p.m.	
23		Capital City Hot Shots, Carson City Gun Range, 6 p.m.		
24				Annual 4-H Festival, Rancho San Rafael Park, 10 a.m. to 3 p.m.
26		Sewing 3-5 p.m.		
30		Capital City Hot Shots, Carson City Gun Range, 6 p.m.		