

# Clover Clips



**EXTENSION**  
College of Agriculture,  
Biotechnology & Natural Resources



4-H Youth  
Development

Monthly 4-H Newsletter for Carson City,  
Douglas, Storey, and Washoe Counties

VOLUME 32 • ISSUE 10 • OCTOBER 2024

## 4-H Equity for Youth Living in Poverty

Through the commitment to youth across the country, 4-H strives to bring more equitable opportunities to youth of all ages. This is to close the opportunity gap for marginalized communities to help them thrive and flourish through 4-H programming. The 4-H Program Leaders Working Group, Access, Equity, and Belonging Committee (AEBBC) has joined with the 4-H Thriving Model Taskforce to ensure this nationally adopted model is explored and utilized through an equity lens. The following explores the Thriving Model in relation to youth living in poverty.

Youth living in poverty need greater support to increase their ability and capacity to thrive in a positive way. There are almost 12 million youth living in poverty. And of those children, approximately 30 percent are African American, 29 percent are American Indian/Alaska Native, 23.7 percent are Hispanic/Latin X and about 9 percent are white (Children's Defense Fund 2018). Children living in poverty are more apt to experience adverse living conditions that may lead to poor showing academically, physical health issues, a strained ability to manage emotions, and social exhaustion. These children may feel devalued and set aside by society, which can then impede their abilities to thrive and achieve an alternative future to poverty.

Fostering youth belonging in 4-H requires that youth professionals take on the vital role of understanding and responding to the social conditions by honoring their assets and help them overcome barriers. These skills are from the 4-H Professional Research, Knowledge, and Competencies (United States Department of Agriculture 2017).

### **Become Aware**

- Understand one's own implicit bias and acknowledge any affects it may have on their values and assumptions.
- Show self-awareness for values, norms, and myths about those living in poverty.

- Understand trauma and how it affects the neurodevelopment of youth living in poverty.

### **Develop Programs**

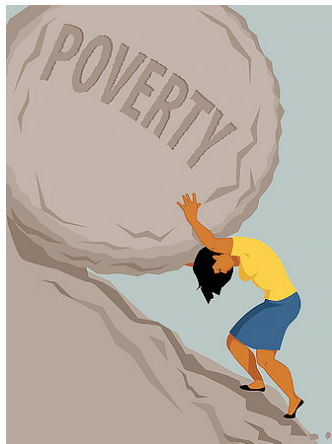
- Build relationships of trust, safety, and mutual respect.
- Utilize communication methods that are reaching families living in poverty.
- Involve youth when and how they show up.

### **Support Youth**

- Actively listen to youth and give them the safe space to "tell their story" without judgment or assumptions.
- Design learning environments, curriculum materials and resources that support the thriving of youth in poverty.

### **Identify Barriers**

- Recognize and reduce barriers to accessing programs for those living in poverty.
- Recognize youth in poverty as valued young people and contributors to their own pathway.



Another critical part of reaching youth living in poverty is to build community relationships and partners with organizations that have a positive reputation for serving these populations. This is essential to build trust and rapport with families in the area. Autonomously funded youth serving organizations historically do an exceptional job at engaging low-income youth audiences. This can be done through conducting interviews with members and leaders in the community to identify what matters most to the youth and families in their area. And another positive step to build these relations is entering into agreements with community partners to create a collaborative approach to working with the underserved populations.

Lastly, in making these opportunities worthwhile and effective, is by evaluation of the program efforts as time goes on. It may come as a challenge because of the stressful situations the youth are living in. The

*Continued on Page 2*

## 2024-2025 4-H Year has Begun

The new 4-H year (2024-2025) begins October 1, 2024. One of the things that this includes is 4-H Online re-enrollment for all 4-H members, Cloverbuds and Leaders.

Enrollment for last year ended on September 30. There will be a week when 4-H Online is not accessible. The current plan is to start re-enrollment on October 7, 2024.

If you have been enrolled in Nevada before, you do not need to create a new profile. All of your information from the previous year is still in 4-H Online. Program ages and years in a program are automatically updated. However, families are responsible for updating grade levels, and changes in schools.

This is an opportunity to change or add clubs and projects if necessary. Families can make those changes themselves until the new enrollment is submitted for approval. After that, the 4-H Online Manager has to make that change.

## Upcoming Livestock Events

**Sullivan Supply Livestock University Webinar Series**, presented by Rebecca Glocknitzer and Sullivan Supply, is designed to help new and returning 4-H members on how to pick out their livestock project for the upcoming year. This series will consist of all four species and two webinars per species. Please see the attached flyer for more information. [webinar series flyer](#) Registration closes on October 15, 2024.

**October 21 and 28- Cattle** Registration Link: <https://forms.office.com/r/uyKFAQ6kh9>

**November 12 and 19 - Sheep** Registration Link: <https://forms.office.com/r/LjrXeLg6kc>

**November 13 and 20- Hogs** Registration Link: <https://forms.office.com/r/bfNRDkj2CP>

**November 14 and 21- Goats** Registration Link: <https://forms.office.com/r/XBm4KJRdf6>

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## Youth Living in Poverty

(Continued from Page 1)

consistency and predictability of their attendance would be the most difficult to deal with. But keeping an open line of communication with the youth when they are in attendance may shed light on what is going on. Evaluating the programs face to face with the youth will also allow them to have a voice in the programs and may lead to more important insight as to what they may want in the future. Letting them have a voice will engage and grow their sense of belonging, which would hopefully keep them actively involved for time to come in 4-H.

The article cited:

<https://access-equity-belonging.extension.org/wp-content/uploads/2022/04/Youth-Living-in-Poverty.pdf>

## 4-H Record Books Due Soon

As the 2023-2024 4-H Year comes to a close, remember to turn in your record books. Each county has their own schedule.

In **Washoe County** in order to be considered for Washoe County 4-H Achievement Awards you are required to turn in a record book. Some important points to remember:

- Record books must be signed by a club leader as well as the 4-H member and guardian
- Information about requirements can be found at: <https://extension.unr.edu/publication.aspx?PublicationID=4392>
- Record books must be turned in to the Washoe County Extension Office by October 18, 2024 at 4:00 p.m.

In **Douglas County** the deadline to turn in record books to the Extension Office is Friday, October 11, 2024 by 5:00 p.m.

The deadline to turn in record books to the Extension Office in **Carson City/Storey County** is October 11, 2024 at 4:00 p.m.



## County 4-H Year-End Awards Dates

Each county 4-H has their own way of recognizing the achievements of members and leaders.

In **Douglas County**, the 4-H Awards Night celebration is on Thursday, November 14, 2024 starting at 5:00 p.m. at the Douglas County Community Center.

The **Washoe County** 4-H Year-End Horse Awards and 4-H Achievement Awards are at 6:00 p.m. on November 15, 2024. Celebrate your accomplishments throughout the 4-H year and help congratulate others.

The event will be held at Tamarack Junction this year. Details will be emailed soon. Check your email for a request for an RSVP as the date gets closer.

## Washoe 4-H Leader Nominations

Each year at the Washoe County 4-H Year End Awards we celebrate the outstanding achievements by Washoe County 4-H members and leaders.

Do you know a leader who deserves recognition? Nominate them for a Leader Award. New Leader of Merit, Project Leader Service, and the Outstanding 4-H Leader Award are presented at the awards ceremony. There are also forms for nominating Friends of 4-H and 4-H Partners (companies and organizations that worked directly with 4-H).

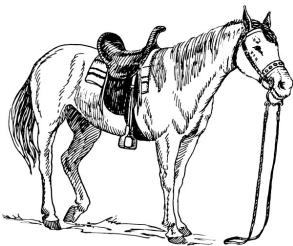
The deadline for nominations is November 1, 2024. Forms go to Sarah Chvilicek at Washoe County 4-H, 4955 Energy Way in Reno.

A copy of the nomination form, will be emailed to every Washoe 4-H family soon. If you would like a copy sent to you, please contact Sam Mitchell at [samm@unr.edu](mailto:samm@unr.edu) or 775-336-0259.

## Sagebrush Community Horse Show

Sagebrush Community Horse Shows reschedule the Saturday, September 14, show to Sunday, October 13. It was changed for safety reasons due to the dangerous Davis fire that was raging the weekend of September 14-15, and the uncertainty of what was happening to many Reno neighborhoods, Sorry for the inconvenience.

The postponed event is at Lemmon Valley Horseman's Arena in Lemmon Valley (11400 Deodar Way, in Lemmon Valley). This is the last Sagebrush show for the 2024 season.



Sagebrush offers fun, affordable and rewarding adventures in the show ring. There is a discounted entry fee for youth enrolled in recognized 4-H clubs.

4-H Classes: Exhibitor must be enrolled in a recognized 4-H club; club name and leader's name required on entry form. 4-H dress is not required. Helmets are required. For 2024 the 4-H classes will count towards the Washoe County 4-H 100% Participation program. 4-Hers from all counties are welcome to show in 4-H and regular classes.

All riders are welcome to ride in and be judged in the All Breed and Colored Horses classes. Class list and entry form at:

[www.comstockarabianassociation.com](http://www.comstockarabianassociation.com).

## Shooting Sports Training Dates

Registration is now closed for the Level 1 archery training in Clark County on October 5 and October 12. Other upcoming trainings: November 8-9, 2024 Churchill County, January 2025 Moapa Valley (Clark County), Spring 2025 White Pine County



Instructors need to be recertified every 7 years if they have been teaching regularly (at least once every 3 years if not teaching regularly). Those that need to recertified will need to complete the online modules only if they are regularly teaching. Recertification will cost \$20. Emails will be sent out to individual counties with a list of volunteers that need to be recertified. Instructors will have until July 2025 to recertify.

If you have any questions, or need registration forms, please contact Hailey Wright at [haileywright@unr.edu](mailto:haileywright@unr.edu) or 702-940-5419

## Washoe County Leaders' Council

The Washoe County Leaders' Council will have their quarterly meeting October 28, 2024 at 6 p.m. at the Washoe County Extension office, 4955 Energy Way.

An agenda is still being finalized and will be sent to all Washoe County Leaders soon. Contact Sam Mitchell at [samm@unr.edu](mailto:samm@unr.edu) to RSVP.

## Upcoming 4-H Horse Events

There are more horse events scheduled for this summer and early autumn.

**Autumn Antics Open Play Day Horse Show** is on **October 5, 2024**. The show starts at 9:00 a.m. at the Lemmon Valley Horsemen's Arena (11400 Deodar, Reno. Corner of Chestnut St. and Alaska St.)

The show is open to all riders. It is open to all breeds of horses, mules and donkeys. High Point and Reserve High Point Awards in six categories.

This show serves as a Community Service Fundraiser so Silver Knolls Spurs 4-H Club may support research done by the American Cancer Society

Class lists and entry forms will be emailed to all Washoe County 4-H Horse Club members, and will be available soon. Email deadline for entry is October 3.

## Douglas Co. 4-H Information Night

Douglas County 4-H is having their annual Information Night October 1, at 5:30 p.m.

Find out which projects will be offered and what clubs youth can join. Go to the Douglas County Community Center, 1329 Waterloo Ln, in Gardnerville (89410).

## National 4-H Week Beyond Ready

National 4-H Week 2024 is coming up on October 7-12, 2024. Building a ready generation in a world of change, 4-H equips youth with skills for the future while meeting them where they are today.

Becoming Beyond Ready encompasses opportunities and experiences, connections and discovery, shaping youth into their true and authentic selves.

The world has changed, and it's moving fast. It feels like now it's even harder and moving even faster than when today's adults were kids.

And yet for over 120 years, 4-H has been there. Just like generations before, they're preparing today's youth to be beyond ready: ready to serve, ready to build, ready to conquer, and ready to succeed.

Through dynamic programs that are peer reviewed and proven to work, youth can build skills like Leadership, Problem-solving, Team building. The skills they learn in 4-H are giving them confidence and preparing the next generation to be Beyond Ready.

Stay tuned for upcoming 4-H Week activities.



## 2024 STEM Challenge Introduced

It's here! The 2024 4-H STEM Challenge, Food for Thought, is now available. The 2024 kit provides young people with a hands on experience as they explore food security and its impact on the world, empowering them to innovate and create positive change in their communities.

Developed by Council and 4-H educators from LSU AgCenter, North Dakota State University, Penn State Extension, and the University of Nebraska Lincoln, the new STEM Challenge is a collection of three activities that engage kids in learning about food production, the supply chain, and food waste, while equipping them with STEM based skills.



**Food Fighters:** This collaborative board game gamifies learning about the global food supply chain. Students work together to secure their town's food supply, making strategic decisions and building teamwork skills.

**Chew on This:** This entrepreneurial challenge encourages students to think critically about food waste reduction. By brainstorming innovative uses for food scraps, students develop problem-solving and design thinking skills.

**Know to Grow:** This hands-on engineering activity introduces students to plant science and controlled environment agriculture. Students design and build efficient growing environments, fostering an understanding of plant cultivation and its role in food security.

Get yours today on [shop4-h.org](https://shop4-h.org).



## Unbox the Spark of Learning with 4-H

Inspire curiosity and cultivate creativity. The 4-H Discover Box delivers fun, and engaging learning experiences directly to your doorstep. Ignite your child's curiosity with every single box.

The themed boxes provide youth with entertaining and hands-on activities to explore different topics using 4-H's research-backed curricula. The 4-H Discover Box is released quarterly in January, April, July, and October. The box is curated with activities designed for youth at about the fifth grade.

Each quarter you are provided the supplies and materials needed to dive in, explore and learn about new fields, career paths, and life journeys enable all young people to be work and life ready. The 4-H Discover Box exposes youth to a variety of topics and fields to help every child to find their spark.

Learn more about 4-H Discover Box at <https://4-h.org/programs/4-h-discover-box/>

### Northern Area/Western October Dates to Remember

- Oct. 1** - New 4-H Year begins
- Oct. 11** - Record books due to 4-H office in Douglas County
- Oct. 18** - Record books due to 4-H office in Washoe County
- Oct. 25** - Nevada Day Holiday (Offices Closed)

Find it in  [4-h.org/clover/](https://4-h.org/clover/)

**Parachute Away** - If you throw an egg up into the air, it will come back down and make a big mess. In this 4-H STEM Lab activity, you will learn how to harness the power of physics and air resistance to develop different parachute designs and discover a safe way to deliver an egg to the ground.

This activity is designed for grades 3-5, and takes about 30 minutes. It teaches STEM principles and basic physics. It was adapted from Science Fun with Physics (c) 2016 The Ohio State University.

Find the steps and materials list for this activity at <https://4-h.org/clover/activities/parachute-away/>

**4-H is a program of University of Nevada, Reno Extension**

### CLOVER CLIPS PARTICIPATING COUNTY OFFICES

**Carson City/Storey County**  
775-634-5702  
727 Fairview Drive Suite F  
Carson City, NV 89701

**Douglas County**  
775-782-9960  
1325 Waterloo  
Gardnerville, NV 89410

**Washoe County**  
775-336-0259  
4955 Energy Way  
Reno, NV 89502

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Unless stated differently, all meetings are held at your local Extension office.

## 4-H Events Calendar October 2024



| DATE | WESTERN AREA AND OTHER COUNTIES                                     | CARSON CITY/STOREY COUNTY                             | DOUGLAS COUNTY   | WASHOE COUNTY   |
|------|---|---|--|---|
| 1    | New 4-H Year Begins   |   | Advanced Baking, Douglas County Comm. Center, 5-7:45       |   |
| 2-3  |   | <b>NORTHERN AREA MEETING OFFICES CLOSED</b>           |  |   |
| 2    |   |   | Wings n Things, 6:15-8:00 p.m.                             |   |
| 3    |   | 4 Paws, Fuji Exh., 6-8 p.m.                           | 4 Paws, Fuji Exh., 6-8 p.m.                                |   |
| 4    |   | Capital City Hot Shots, Carson City Gun Range, 6 p.m. |  |   |
| 5    |   |   | Cloverbuds, 10-11:30 a.m.                                  |   |
| 6-12 | National 4-H Week   |   |  |   |
| 7    |   | Target Rippers, Fuji Exh., 6-8:30 p.m.                | CV Shepards, Extension Office, 6-7:30 p.m.                 | Silver Knolls Spurs General Mtg., Silver Knolls Comm. Room, 6:30 p.m. |
| 8    |   |   | Equestrian, CVUMC, 6-7:30 p.m.                             | <b>Horse Leaders' Mtg., 5:30 p.m.</b>                                 |
| 9    |   | Arrowhead Livestock, 6-8 p.m.                         | Rabbit, 6-7:30 p.m.  |   |
| 10   |   | 4 Paws, Fuji Exh., 6-8 p.m.                           | 4 Paws, Fuji Exh., 6-8 p.m.                                |   |
| 11   |   | Capital City Hot Shots, Carson City Gun Range, 6 p.m. |  |   |
| 12   |   | Capital City Critters, 6-8 p.m.                       | Sewing, 10 a.m.-12 p.m.                                    |   |
| 13   |   |   |  | Sagebrush Horse Show, Lemmon Valley Arena                             |
| 14   |   | Sewing 3-5 p.m.                                       | Baking A, 5:30-7:30 p.m.<br>Equestrian, CVUMC, 6-7:30 p.m. |   |
| 15   | Registration deadline for Sullivan Supply Livestock Webinar Serierx |   |  |   |
| 16   |   |   | Baking B, 5:30-7:30 p.m.                                   |   |
| 17   |   | 4 Paws, Fuji Exh., 6-8 p.m.                           | 4 Paws, Fuji Exh., 6-8 p.m.                                |   |
| 18   |   | Capital City Hot Shots, Carson City Gun Range, 6 p.m. |  |   |
| 21   | Sullivan Supply Cattle Webinar 1                                    | Target Rippers, Fuji Exh., 6-8:30 p.m.                |  |   |
| 23   |   | Carson Fall Festival                                  |  |   |
| 25   |   | <b>NEVADA DAY - OFFICES CLOSED</b>                    |  |   |
| 27   |   |   |  | Radical Rabbits, Our Center, 1-2 p.m.                                 |
| 28   | Sullivan Supply Cattle Webinar 2                                    | Sewing 3-5 p.m.                                       |  | <b>Leaders' Council mtg., 5:30 p.m.</b>                               |



Nevada Day - October 25

Unless stated differently, all meetings are held at your local Extension office.

# Upcoming 4-H Events Calendar



| DATE                 | WESTERN AREA AND OTHER COUNTIES  | CARSON CITY/STOREY COUNTY                             | DOUGLAS COUNTY   | WASHOE COUNTY   |
|----------------------|--|---|--|---|
| <b>November 2024</b> |  |   |  |   |
| 1                    |  | Capital City Hot Shots, Carson City Gun Range, 6 p.m. |  |   |
| 2                    |  |   | Cloverbuds, 10-11:30 a.m.                                  |   |
| 4                    |  | Target Rippers, Fuji Exh., 6-8:30 p.m.                | CV Shepards, Extension Office, 6-7:30 p.m.                 | Silver Knolls Spurs General Mtg., Silver Knolls Comm. Room, 6:30 p.m. |
| 5                    | National General Election Day  |   | Advanced Baking, Douglas County Comm. Center, 5-7:45 p.m.  |   |
| 6                    |  |   | Wings n Things, 6:15-8:00 p.m.                             |   |
| 7                    |  | 4 Paws, Fuji Exh., 6-8 p.m.                           | 4 Paws, Fuji Exh., 6-8 p.m.                                |   |
| 8                    |  | Capital City Hot Shots, Carson City Gun Range, 6 p.m. |  |   |
| 9                    |  | Capital City Critters, 6-8 p.m.                       | Sewing, 10 a.m.-12 p.m.                                    |   |
| 11                   | <b>VETERANS DAY HOLIDAY - OFFICES CLOSED</b>                             |   |  |   |
| 12                   | Sullivan Supply Sheep Webinar 1  |   | Baking A, 5:30-7:30 p.m.<br>Equestrian, CVUMC, 6-7:30 p.m. | Horse Leaders' Mtg., 5:30 p.m.  |
| 13                   | Sullivan Supply Hogs Webinar 1   | Arrowhead Livestock, 6-8 p.m.                         | Rabbit, 6-7:30 p.m.  |   |
| 14                   | Sullivan Supply Goats Webinar 1  | 4 Paws, Fuji Exh., 6-8 p.m.                           | 4 Paws, Fuji Exh., 6-8 p.m.                                |   |
| 15                   |  | Capital City Hot Shots, Carson City Gun Range, 6 p.m. |  | Washoe County End-of Year Achievement Celebration, Tamarack Junction  |
| 18                   |  | Target Rippers, Fuji Exh., 6-8:30 p.m.                |  |   |
| 19                   | Sullivan Supply Sheep Webinar 2  |   |  |   |
| 20                   | Sullivan Supply Hogs Webinar 2   |   | Baking B, 5:30-7:30 p.m.                                   |   |
| 21                   | Sullivan Supply Goats Webinar 2  | 4 Paws, Fuji Exh., 6-8 p.m.                           | 4 Paws, Fuji Exh., 6-8 p.m.                                |   |
| 22                   |  | Capital City Hot Shots, Carson City Gun Range, 6 p.m. |  |   |
| 25                   |  | Sewing 3-5 p.m.                                       |  |   |
| 28-29                | <b>THANKSGIVING DAY AND FAMILY DAY HOLIDAYS - OFFICES CLOSED</b>         |   |  |   |
| <b>December 2024</b> |  |   |  |   |
| 2                    |  | Target Rippers, Fuji Exh., 6-8:30 p.m.                | CV Shepards, Extension Office, 6-7:30 p.m.                 |   |
| 3                    |  |   | Advanced Baking, Douglas County Comm. Center, 5-7:45 p.m.  |   |
| 4                    |  |   | Wings n Things, 6:15-8:00 p.m.                             |   |
| 5                    |  | 4 Paws, Fuji Exh., 6-8 p.m.                           | 4 Paws, Fuji Exh., 6-8 p.m.                                |   |
| 6                    |  | Capital City Hot Shots, Carson City Gun Range, 6 p.m. |  |   |
| 7                    |  |   | Cloverbuds, 10-11:30 a.m.                                  |   |
| 9                    |  | Sewing 3-5 p.m.                                       | Baking A, 5:30-7:30 p.m.                                   |   |
| 10                   |  |   | Equestrian, CVUMC, 6-7:30 p.m.                             | Horse Leaders' Mtg., 5:30 p.m.  |
| 11                   |  | Arrowhead Livestock, 6-8 p.m.                         | Rabbit, 6-7:30 p.m.  |   |
| 12                   |  | 4 Paws, Fuji Exh., 6-8 p.m.                           | 4 Paws, Fuji Exh., 6-8 p.m.                                |   |
| 13                   |  | Capital City Hot Shots, Carson City Gun Range, 6 p.m. |  |   |
| 14                   | State Livestock Contest Event Series, skillathon and quizbowl, Logandale | Capital City Critters, 6-8 p.m.                       | Sewing, 10 a.m.-12 p.m.                                    |   |
| 16                   |  | Target Rippers, Fuji Exh., 6-8:30 p.m.                |  |   |
| 17                   | Know Before you Show, Cattle Webinar with Dean Vanwinkle                 |   |  |   |
| 18                   |  |   | Baking B, 5:30-7:30 p.m.                                   |   |
| 19                   |  | 4 Paws, Fuji Exh., 6-8 p.m.                           | 4 Paws, Fuji Exh., 6-8 p.m.                                |   |
| 20                   |  | Capital City Hot Shots, Carson City Gun Range, 6 p.m. |  |   |
| 23                   |  | Sewing 3-5 p.m.                                       |  |   |
| 25                   | <b>CHRISTMAS DAY HOLIDAY - OFFICES CLOSED</b>                            |   |  |   |
| 27                   |  | Capital City Hot Shots, Carson City Gun Range, 6 p.m. |  |   |