

Clover Clips



EXTENSION
College of Agriculture,
Biotechnology & Natural Resources



4-H Youth
Development

The 4-H Newsletter for Nevada

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Beyond Ready: Factors Fueling Change for Today's Youth

In an era characterized by unprecedented change, today's children and youth are navigating a complex landscape shaped by a number of factors.

Several current and projected trends have important implications on how we need to prepare youth to become ready for their futures as civically engaged, vocationally prepared, financially secure, and physically and socio-emotionally healthy individuals. Though not exhaustive, such factors include the following:

U.S. demographic shifts: Current and projected shifts in the demographic make-up of the United States will have important implications for workforce needs and societal structures in the very near future. One of the most important demographic trends is rapid growth in older segments of the population.

The growth of the older population can be attributed to several factors. First of these is the aging of the “Baby Boomer” generation. Second, advancements in healthcare, heightened awareness of healthy lifestyle choices, and improved standards of living have contributed to an increase in life expectancy. According to United Nations estimates, average life expectancy in the United States now sits at about 79 years, compared to 71 only half a decade ago.

A shift in the age stratification of the country's population will have important implications for youth today. Job sectors that support an aging population will necessitate a corresponding increase in the number of workers to care for and meet the needs of a population that is increasingly older.

Longer lifespans will also lead to changes in financial needs. Today's youth will need to work longer. Thus, youth today can expect to work for an even longer period than the traditional 40-year career, with some scholars suggesting that they may be facing a 60-year work period.

Advancements in technology and its increasing ubiquity in daily life have revolutionized conventional work, educational, and social environments. Technology has facilitated seamless collaboration among teams, regardless of geographic locations. The COVID-19 pandemic served as a catalyst for this shift, dubbed as the “Great Global Work-From Home Experiment”

Undoubtedly, remote work has become so integral for many Americans that many refuse to return to the office, a phenomenon aptly labeled the “Great Resistance” The

emergence of a hybrid work model, blending remote work and office presence, is gaining popularity as it meets the preferences of both employees and employers.

The future of work also hinges on rapid advances in artificial intelligence. With the rise in automation, the job market is poised for a restructuring, potentially resulting in displacement for some roles while also creating new jobs.

Access to information and technology may have complex impacts on youth. By and large, youth today are reliant on and surrounded by mobile electronic devices. Interestingly, despite pervasive use of technology and social media by young people, the need for social media literacy has grown so great that several states have proposed or passed legislation to include digital literacy in school curricula. This effort is largely aimed at addressing the mental health damages that have been consistently linked with pervasive social media use by youth.

Trends in health and well-being: According to the National Survey on Drug Use and Health, in 2021, an estimated 57.8 million adults in the U.S. have a mental health concern. This is about

1 in 5 American adults. These numbers also prompted a rightful emphasis on the importance of mental health. Coming from the pandemic, individuals are now more intentional in re-evaluating their priorities, leading to trends like the “Great Resignation” and quiet quitting, as the value of work-life balances comes to the fore.

Among young adults today, there is more acceptance for a delayed entry in the workforce (National 4-H Council, 2020). Traditionally, the ideal worker is one who goes straight from high school to college, who then starts full-time employment. Now,

prolonged education, pursuing a gap year (or years), changing career paths, and engaging in part-time or contractual work for a considerable time are very common.

The younger generation has been described to value the experiences, purpose, and social impact of their work, more than the traditional success indicators.

Aligned with the “do-good” culture and the desire to make a positive societal impact, there is increased engagement and civic participation among the youth today.

The shifting landscape of education: The cost of education has been steadily increasing over the last few



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4-H Livestock Event Calendar

Livestock Contest Event Series Tentative Schedule:

- **July 11** White Pine Livestock Skillathon Clinic
- **August 7** Eureka County Fair Skillathon and Quiz Bowl Contest
- **August 14** Lyon County Fair Livestock Judging Contest
- **August 23** Cantaloupe Festival Livestock Skillathon and Quiz Bowl Contest
- **September 25-27** State Livestock Skillathon and Quiz Bowl Contest

July 11- White Pine County Livestock Skillathon Clinic at the White Pine County Fairgrounds, Blue Building. Registration is due by July 1, 2025
Registration Link:

<https://forms.office.com/r/9GE2nQ1555>

August 7- The Eureka County Fair Skillathon and Quiz Bowl Contest will be at the Eureka County Fairgrounds. Registration is due August 1, 2025

Please send registration packets to Churchill County 4-H Office Attn: Clark Livestock Contest Entries 111 Sheckler Road Fallon, NV 89406 or email to rglocknitzer@unr.edu

The Cantaloupe Festival Contest date was changed to **Saturday August 23, 2025** Please contact Rebecca Glocknitzer rglocknitzer@unr.edu if you have questions.

Beyond Ready: Factors of Change

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years – this includes higher education, vocational schools, elementary and high schools, and early childhood care. There are overlapping factors shaping both voluntary workforce resignations and students' aspirations toward higher education – namely youth have concerns about finances, stress, and family responsibilities that make them reluctant to pursue traditional college pathways.

Ultimately, within a social landscape of financial uncertainty and debt, younger workers are prioritizing job satisfaction, personal fulfillment, and equity in the workplace over the size of their paycheck.

It is unknown whether new forms of skills-based microcredentialing can sustain lifelong employment in the same way that skilled trades preparation has for previous generations. Easy access to rapid re-skilling that prioritizes technology may be critical for attainment and job security going forward.

One of the enduring hallmarks of traditional college attendance is the breadth of general education required, in addition to the major area of study. General education that includes a robust offering of science, history, language, and humanities courses promotes critical thinking skills and teaches students how to appropriately discern credible information. Equitable access to information is not necessarily matched by equitable education and skill-development to navigate and act on the information.

4-H Postal Shooting Sports Match

The 4-H Postal Shooting Sports Match originally scheduled for June 27 & 28, has been rescheduled to August 16, 2025. Open to club members ages 9-19 enrolled in 4-H Shooting Sports clubs.

All sites will have an 8 a.m. start time. Hosted sites are Lincoln County Shooting Range - Hwy 319 Panaca, NV 89042, Carson City/Storey- Rifle and Pistol Range (This will be for everything but shotgun) - 2005 and 2155 Rifle Range Rd, Carson City, NV 89701, and Capitol City Gun Club (Shotgun ONLY) - 3590 Arrowhead Dr, Carson City, NV 89706

Contestants will need to travel to their closest range to participate. Primary goal is to have a multi-county event during the year to enhance interactions in youth events. This is a fun youth engagement activity. This will be a qualifying event for Expo. 4-H dress code required.

Registration is \$5 per discipline entered and due to your county extension personnel by August 7, 2025.

The entry form is available online at: <https://nevada.box.com/s/yxdatw454cohsmymjptrmemympizwmlfm>

To register in Southern Nevada, please call Cindy Higbee at 702-271-9790 or email higbeec@unr.edu. Send registration forms to:

Lincoln County 4-H
PO Box 728
Caliente, NV 89008

To register in Northern Nevada, please call Kristina Williams at 775-887-2252 or email kristinawilliams@unr.edu. Send registration forms to:

Carson City/ Storey County 4-H
727 Fairview Drive Suite F
Carson City, NV 89701

Last Minute Camp Preparation

Northern Area/Western 4-H Camp will be starting very soon. If you have not already looked over the list of **Things to Bring** that is included in your registration packet, do it soon. This is a list that you can depend on to get your camper through the week smoothly.

There is also a **Things Not to Bring** list. These lists, and the other information on the packet reference pages, should answer most of the questions about being prepared for camp. They include drop off and pick up times, a map to the camp.

For copies of the registration information, or the packet from the Orientation Zoom meeting, please contact Sam Mitchell at samm@unr.edu.

Washoe Co. 4-H Leaders' Council

The quarterly Washoe County 4-H Leaders' Council meeting will be on July 28, 2025 at 6 p.m. at the Washoe County Extension Office.

Details are still being finalized. Items include State 4-H updates, reports from clubs, and upcoming events.

4-H Summer Wellness Challenge

Please join the 4-H team this summer with a wellness challenge. Every two weeks, you will have a new challenge to integrate into your schedule for the purpose of promoting healthy choices. To participate, email a picture of you completing each bi-weekly challenge, along with your name, to your county 4-H representative. All are invited to participate.

Participating County Contacts:

Clark County: cc4-h@unr.edu

Elko County: tingeyj@unr.edu

Eureka County: tkerby@unr.edu

White Pine County: teresalacroix@unr.edu

The individuals who show the most participation will receive a prize! We look forward to seeing everyone's summer wellness adventures.

Challenge Topics:

July 6-12: Do a team activity with friends

July 20-26: Complete a stress reducing activity

August 3-9: Enjoy a fresh watermelon snack

August 17-23: Go to sleep 1 hour early

You're only two steps from success:

1. Follow the challenge schedule to treat yourself to wellness activities.
2. Share your challenge experiences with your county 4-H representative.

Arts and Leadership 4-H Summer Camp at 4-H Camp Alamo

July 21-23, 2025 | Alamo, NV

Are you interested in using art to build community? Are you a leader in your school or other social environments? Do you want to take part in fun activities that tie the two together? If so, join Clark County 4-H at Nevada 4-H Camp Alamo for 3 days and 2 nights filled with art, opportunities to lead, and camp activities like s'mores, star gazing, and more!



Open to youth ages 7-10 Grade (for 2025-26 School Year)

\$140 Registration Fee (Transportation, Meals, and Lodging Included)

Registration Time: April 28 - July 4, 2025

****Once you have filled out this registration form, you will be given an Eventbrite link where you can pay the \$140 camp fee. The registration is not complete until your fee is paid.****

If you have any questions before completing the registration, please contact our Clark County 4-H team at cc4-h@unr.edu. Thank you!

To register, go online to <https://form.jotform.com/250490857040152>

Free Fishing Licenses for Youth

Thanks to generous donations made by members of the public to the Nevada Youth License Fund the Nevada Department of Wildlife (NDOW) is offering youth combination (fishing/hunting) licenses to anyone 12-17 years old at no cost to them, while supplies last! The free licenses are on a first-come first-served basis.



A youth combination license allows the holder to legally fish in Nevada for one year from the issuance date, and after completing a hunter education course would also allow the holder to legally hunt. NDOW regularly sells youth combination licenses to anyone 12-17 years old for \$15. Kids younger than 12 years old don't need a license to legally fish in Nevada!

Scan the QR code below, sign-up for an account and download an electronic copy of your license today! If you need help getting your license, please call us at (855) 542-6369. For more information visit ndow.org



A Day In The Life Of A Vet

Do the youth in your clubs have a passion for veterinary science? Do they want to know what it is like to live a day as a vet? Join Washoe County 4-H as they host "A Day In The Life Of A Vet Day" Camp! this is an Animal Science Day Camp presented July 21, 2025 at the Washoe County Extension Office (4955 Energy Way Reno, NV 89502)

This camp will include hands-on activities and games to learn about what it is like to be a veterinarian. Please wear clothes you don't mind getting dirty.

Lunch, snacks and water will be provided throughout the day. There is no fee to register!

Schedule:

8:00 a.m. Check in

11:30 a.m. Lunch

2:00 p.m. Camp conclusion

For more information, contact Rebecca Glocknitzer rglocknitzer@unr.edu

Coming Events for Nevada 4-H

The **Night to Remember** 4-H Camp Alumni & Friends Gathering is September 12, 2025. It will be a chance to see friends and acquaint yourself with fellow 4-H Camp alumni and tour the camp!

And how are those **Year of the Wood Snake** projects for Expo coming? This is just a reminder that the theme of this year's Nevada State 4-H Expo (See April Clover Clips). If you need assistance, reach out to your leader or your local 4-H Office.

Plan to Ignite in March 2026

Ignite by 4-H 2026 is set to take place in Washington, D.C., March 25 - 29, with the Civic Engagement track beginning one day earlier on March 24. Ignite empowers youth to explore career pathways, build life-readiness skills, and connect with peers nationwide. The event will feature six dynamic program tracks, including returning favorites—AgriScience, STEM, Healthy Living (with the National Soccer Tournament), Community Accelerators—and two new tracks: Animal Science and Citizenship Washington Focus (Civic Engagement). These additions aim to deepen teens' engagement with leadership, advocacy, and science-based career paths.



Opportunities to participate are now open. 4-H educators, leaders, and teens can submit workshop proposals by July 17, with accepted presenters receiving two free registrations. Nevada 4-H will be applying for scholarships to help cover a limited number of registration costs. Early bird registration opens July 17, with discounted rates through September 15. Prices range from \$1,200–\$1,825 depending on the track and registration type. Ignite 2026 promises to be an unforgettable, future-shaping experience! For more information, or to express interest, reach out to your county 4-H professional, or to Lindsay Chichester (lchichester@unr.edu), Nevada 4-H Program Leader.

Spread the 4-H Green Near and Far

It may be July, and the heat certainly reminds us, but October will be here before we know it, and with it comes National 4-H Week! This year, we'll be celebrating from October 5–11.

The National 4-H Council has announced two exciting ways to join the celebration:

- October 6: It's time for a Green Out! Show your 4-H pride by wearing as much green as you can.
 - October 9: We'll spotlight our Hands to Larger Service projects, showcasing how Nevada 4-H youth are making a difference in their communities.
- Stay tuned for more ways to get involved and help spread the 4-H spirit during National 4-H Week!

2025 Expo: Important Updates

As plans are finalized for the 2025 Nevada 4-H Expo, we want to share some important updates. All exhibitors must be enrolled in the 4-H project they are exhibiting and qualify at the local county level. Please reach out to your 4-H professional to learn about the qualification process. New this year, the State 4-H Expo will require a minimum of seven exhibitors for each Expo event. Please make sure that you enter the event for which you wish to exhibit so that the minimum exhibitor requirement is met.

Also, there is a website dedicated to all things related to the State 4-H Expo:

<https://extension.unr.edu/4h/expo.aspx>.

Check it out! We look forward to seeing you at Expo!

July Dates to Remember

July 4 - Independence Day Holiday
(Offices Closed)

July 6-12 - Northern Area/Western
4-H Camp at Tahoe

July 11 - White Pine Livestock Skillathon
Clinic- Fairgrounds Blue Bldg.

4-H is a program of University of Nevada, Reno Extension

Find it in  4-h.org/clover/

Just Act for Food Justice: Go on a food systems adventure to address issues of fairness and equal access.

In the final activity of this series, you will apply what you learned about how food is produced and consumed to address social justice related to those systems and processes. Take action toward a more sustainable and just food system by becoming more responsible consumers and involved citizens. You will gain a sense of belonging in the community by making connections with local food and agriculture systems.

<https://4-h.org/clover/activities/just-act-for-food-justice/>

Clover Clips 4-H Newsletter is now distributed statewide to all 4-H families, 4-H staff and interested parties. This monthly publication is sent via email around the first of each month. To submit an article for possible use in Clover Clips, please email the text and any graphics to samm@unr.edu by the 20th of each month for following month's newsletter.

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