

# Clover Clips



4-H Youth  
Development

The 4-H Newsletter for Nevada

VOLUME 33 • ISSUE 8 • AUGUST 2025

## A Busy Time of Year for Nevada State 4-H

Late summer is a busy time for us all. Some are squeezing in the last few outings while the weather is nice. School is starting back up, which means getting school supplies and coordinating new schedules. Some 4-H members are concluding their projects, and getting ready for Expo. Record books and portfolios are being finalized for year's end.

The next two months are also a busy time for the Nevada State 4-H Office. Several tasks must be completed by the end of the 4-H year. September 30. The most time-sensitive task is getting all of the financial reports from each 4-H Club and Leader group to their county office. All club reports are due to county offices by August 1, 2025. If the club has a bank account, they must also include copies of each monthly statement for the July 1, 2024 to June 30, 2025 fiscal year.

Each county will create a report from the club forms and submit those to the State 4-H Office. The state office will then forward the report to the University Financial Officer to use as part of Tax reporting. Club leaders should be aware that not reporting could lead to your club charter being made inactive. That would eliminate your tax-exempt status until the situation is resolved.

Please note: If you are late with your report and need forms to complete it, you can find them in the NevadaBox "Financial Reports" folder (<https://nevada.box.com/s/6kcch87nmaci0f5yrcp2ctqqv81830p7>).

As of this year, all clubs and affiliates in the state must be under the same EIN number. Everyone should be using the number for Nevada Extension 4-H Youth Development, Inc. If a club is using an older number, it must be changed at their bank if applicable) Otherwise they do not have tax-exempt status and may not accept charitable gifts. If you need that number, contact your county office.

Another project for the state office is the Nevada State 4-H Expo on September 25-28 at the 3C Arena Complex in Fallon. Accepting entries from across the state, making sure all the qualifications are met, and fees are paid is one part of that. The deadline for

a member who has qualified for Expo to submit their entry and fees is Friday, August 29, 2025 at 5 p.m.

In the NevadaBox 2025 State 4-H Expo Information folder, you will see:

- **The Expo book:** <https://nevada.box.com/s/m5qy5z11zsl2emtxszfua1e7cvl05gzz>
- **The Expo contest entry forms:** <https://nevada.box.com/s/3a4bspnoukpg5z2yo1cnvf32unegv9o0> Please

remember, that there is a cover sheet that combines all of the separate contest forms into one space. One cover sheet per youth should be included.

At this year's 4-H Expo Awards Ceremony on Saturday, September 27 in Fallon, volunteers and teens from across the state will be recognized for their contributions to 4-H. There are three awards open:

- **4-H Volunteer of the Year Award** (recognizes a volunteer for their outstanding service at the local, county, or state level)
- **4-H Youth-Adult Partnership Award** (recognizes volunteers who develop partnerships with youth that promote individual growth and foster positive community change)
- **4-H Teen Leader of the Year Award** (recognizes a teen leader whose volunteer efforts in their community have made a meaningful and lasting difference at the club, county, or state level)

Nominations are open until September 13. Self-nominations are accepted, and attendance at the Expo is not required. If you would like to nominate yourself or another volunteer, please take a few minutes to fill out the nomination forms below:

- 4-H Volunteer of the Year Award: <https://form.jotform.com/242194513141145>
- 4-H Models Youth-Adult Partnership Award: <https://form.jotform.com/242205010012127>
- 4-H Teen Leader of the Year Award: <https://form.jotform.com/251986101932155>



## 4-H Livestock Event Calendar

Livestock Contest Event Series Tentative Schedule:

- **August 7** Eureka County Fair Skillathon and Quiz Bowl Contest
- **August 14** Lyon County Fair Livestock Judging Contest
- **August 23** Cantaloupe Festival Livestock Skillathon and Quiz Bowl Contest
- **September 25-27** State Livestock Skillathon and Quiz Bowl Contest

**August 7-** Eureka County Fair Skillathon and Quiz Bowl Contest

Location: Eureka County Fairgrounds

Registration Due: August 1, 2025

Please send registration packets to Churchill County 4-H Office Attn: Eureka Livestock Contest Entries 111 Sheckler Road Fallon, NV 89406 or email to [rglocknitzer@unr.edu](mailto:rglocknitzer@unr.edu)

**August 14-** Lyon Co. Fair Livestock Judging Contest

Location: Lyon County Fairgrounds

Registration Due Date: August 1, 2025

Please send registration packets to Churchill County 4-H Office Attn: Lyon Livestock Contest Entries 111 Sheckler Road Fallon, NV 89406 or email to [rglocknitzer@unr.edu](mailto:rglocknitzer@unr.edu)

**August 23-** Cantaloupe Festival Livestock Skillathon and Quiz Bowl Contest

Location: Rafter 3C Event Complex

Registration Due: August 15, 2025

Please send registration packets to Churchill County 4-H Office Attn: Livestock Contest Entries 111 Sheckler Road Fallon, NV 89406 or email to [rglocknitzer@unr.edu](mailto:rglocknitzer@unr.edu)

## Be Ready for Beyond Ready

National 4-H Week 2025 is Sunday, October 5 through Saturday, October 11. This year the theme is Beyond Ready. National 4-H Council is asking the 4-H network to activate collectively on two days (Monday, October 6 and Thursday, October 9). On these days the council will be amplifying content that is shared by states on our National 4-H Channels.

Activation Day 1: On that Monday, Go GREEN and show your 4-H State Spirit! Wear a green hat, clothing, face paint - anything green goes. Share your "Go Green" moment on social and tag National 4-H, your State 4-H program, and use #4HBeyondReady #National4HWeek.

Activation Day 2: On that Thursday, help shine a light on all the good that 4-H does! Recognize all the 4-H'ers who are doing good, member, volunteer or educator. Share your "4-H for Good" story on social, tag others in your 4-H community, tag National 4-H, and use #4HBeyondReady #National4HWeek

Join the National 4-H Week Webinar on Wednesday, August 6, 2025, Noon - 1 p.m.PST. Register at [https://4-h-org.zoom.us/webinar/register/WN\\_PjH2QSuKagPHMMR64kw#/registration](https://4-h-org.zoom.us/webinar/register/WN_PjH2QSuKagPHMMR64kw#/registration)

## 4-H Postal Shooting Sports Match

The 4-H Postal Shooting Sports Match originally scheduled for June 27 & 28, has been rescheduled to August 16, 2025. Open to club members ages 9-19 enrolled in 4-H Shooting Sports clubs.

All sites will have an 8 a.m. start time. Hosted sites are Lincoln County Shooting Range - Hwy 319 Panaca, NV 89042, Carson City/Storey- Rifle and Pistol Range (This will be for everything but shotgun) - 2005 and 2155 Rifle Range Rd, Carson City, NV 89701, and Capitol City Gun Club (Shotgun ONLY) - 3590 Arrowhead Dr, Carson City, NV 89706

Contestants will need to travel to their closest range to participate. Primary goal is to have a multi-county event during the year to enhance interactions in youth events. This is a fun youth engagement activity and a qualifying event for Expo. 4-H dress code required.

Registration is \$5 per discipline entered and due to your county extension personnel by August 7, 2025. The entry form is available online at: <https://nevada.box.com/s/yxdatw454cohsmymjptrmemympizwmlfm>

To register in Southern Nevada, please call Cindy Higbee at 702-271-9790 or email [higbeec@unr.edu](mailto:higbeec@unr.edu). Send registration forms to:

Lincoln County 4-H

PO Box 728

Caliente, NV 89008



To register in Northern Nevada, please call Kristina Williams at 775-887-2252 or email [kristinawilliams@unr.edu](mailto:kristinawilliams@unr.edu). Send registration forms to:

Carson City/ Storey County 4-H

727 Fairview Drive Suite F

Carson City, NV 89701

## Horsin' Around Gymkhanas

The **Horsin' Around Gymkhana** presented by the Washoe County Horse 4-H Leaders is a new event this year for area horse enthusiasts and 4-H horse project members. The show is August 23, 2025 at Lemmon Valley Horseman's Arena and starts at 9:00 a.m.

It is open to all riders and horses. There will be four Age Groups plus Leadline & Walk/Trot Classes.

A Class list, entry forms, and releases can be found online at <https://www.silverknollsspurs4h.com/>

## Local Horse Shows with 4-H Classes

The remaining Sagebrush Community Horse Show 2025 show is September 6.

Find out more online about the shows including the Sagebrush prize list, class descriptions, entry forms and release forms. There are also detailed instructions on how to get to the Lemmon Valley Horseman's Area in Lemmon Valley, just north of Reno. The link is <https://comstockarabianassociation.com/sagebrush-community-horse-shows/>

Go online to get the Sagebrush Online Entry Form. at <https://form.jotform.com/250048941691157>

## Silver State Youth Livestock Show

The Silver State Youth Livestock Show and Expo is August 14-17, 2025. It is an event of the Lyon County Fair & Rodeo. As part of the events, families will enjoy a Livestock Show, Auction, and youth exhibits.

Market and breeding shows are open to all individuals between the ages of 9 and 18 from Nevada and surrounding states. Unless specified in rules.

Youth ages 5 - 8 may show in Breeding shows and Showmanship with parent/guardian supervision. Peepees must Pre-enter. No day of show entries will be accepted

All exhibitors must be currently enrolled in a 4-H, FFA, or Grange program, or meet SSYLS requirements for Independent exhibitors. Exhibitors must own and be in possession of their lamb, goat or swine for 60 days or beef for 120 days prior to the opening date of the fair. Rabbits and poultry must be owned and in possession of their animals 30 days prior to fair.

Dry Camping areas are available to exhibitors. It must be paid for through the online entry system with your entries. Please Note: no hookups for water or sewer are available.

The deadline for entering is August 1, 2025. All Classes must be entered online. No written/mailed entries will be accepted.

For show rules, information, and to enter online go to: <http://www.ssylys.com/livestock-shows.html>

## 4-H Summer Wellness Challenge

Please join the 4-H team this summer with a wellness challenge. Every two weeks, you will have a new challenge to integrate into your schedule for the purpose of promoting healthy choices. To participate, email a picture of you completing each bi-weekly challenge, along with your name, to your county 4-H representative. All are invited to participate.

### Participating County Contacts:

Clark County: [cc4-h@unr.edu](mailto:cc4-h@unr.edu)

Elko County: [tingeyj@unr.edu](mailto:tingeyj@unr.edu)

Eureka County: [tkerby@unr.edu](mailto:tkerby@unr.edu)

White Pine County: [teresalacroix@unr.edu](mailto:teresalacroix@unr.edu)

The individuals who show the most participation will receive a prize! We look forward to seeing everyone's summer wellness adventures.

### August Challenge Topics:

August 3-9: Enjoy a fresh watermelon snack

August 17-23: Go to sleep 1 hour early

You're only two steps from success:

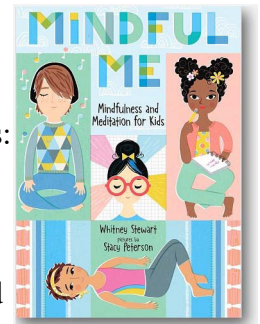
1. Follow the challenge schedule to treat yourself to wellness activities.
2. Share your challenge experiences with your county 4-H representative.

## 4-H Mindful Me at the Library

Clark County Library (1401 E Flamingo Rd, Las Vegas, NV 89119) on Tuesday, August 5, 2025 at 2 p.m. to 3 p.m.

*Mindful Me* is a curriculum offered to students ages 5-8 years old. During each of four lessons, youth read a children's book alongside their activity to learn about developing a sense of self, time and stress management, mindful eating practices and managing one's goals:

- Increase knowledge of mindful eating and how our environment promotes wellbeing
- Increase knowledge of healthy ways to show care, affection, and consideration for others
- Promote living in the present moment and encourage identification and management of emotions
- Develop problem-solving and stress management skills



Open and free to the public. Limited to 15 children. Registration is required and per family. For more information and to register for the program, please call 702-507-3436.

## 4-H Mindfulness In Silver Springs

4-H will present an eight session Mindfulness course at Silver Springs Recreation Center starting Monday, August 18, 2025 at 3 p.m. to 4 p.m.

Pulling lessons from Mindful Mechanics and GEM: Get Experience in Mindfulness, these sessions will educate youth on the importance of being present, improving awareness, identifying stressors, and effective strategies for coping. Participants will also be encouraged to build positive relationships through expressing care, concern and gratitude for others, practice self-discipline, self-control, and self-reflection.

This program is open to all youth ages 12-15 years. Attendance is free, but all participants must register in advance with Silver Springs Recreation Center (1951 Silver Springs Pkwy, Henderson, NV 89074).

If you are interested in bringing a class like this to your site, please contact the Clark County 4-H Team at [cc4-h@unr.edu](mailto:cc4-h@unr.edu).

## Coming Events for Nevada 4-H

The **Night to Remember** 4-H Camp Alumni & Friends Gathering is September 12, 2025. It will be a chance to see friends and reacquaint yourself with fellow 4-H Camp alumni and tour the camp!

And how are those **Year of the Wood Snake** projects for Expo coming? This is just a reminder that the theme of this year's Nevada State 4-H Expo (See April Clover Clips). If you need assistance, reach out to your leader or your local 4-H Office.



## 4-H Festival at San Rafael Park

The Washoe County 4-H Festival returns on Saturday, August 30, 10 a.m. to 3 p.m. at Rancho San Rafael Park Farm & Families Area (1595 N Sierra St. in Reno). 4-H Clubs from Washoe County welcome new members, share information, and display their projects and project animals.

It will be a chance for those not in 4-H to see some of the great clubs and activities that are available. They can visit this free, family friendly event, and talk to 4-H club members, leaders, and volunteers.

Visitors can try their hand at inflatable hoverball archery, or air rifle target practice. Look at projects by our 4-H members like photography, sewing, building and more. Learn about livestock, horses, and small animals including amphibians and reptiles. Youth ages 5-19 can sign up for just \$1 a year!

4-H is a positive youth development organization through the University of Nevada, Reno Extension and College of Biotechnology, Agriculture, and Natural Resources. It focuses on creating a safe space for all youth ages 5-19 to build positive relationships and explore their spark.

Club members and leaders: there is still time to sign up to represent your club. Is your Washoe-based club interested? Contact Rachel Kaiser-Schoen at 775-336-0235 or [rkaiserschoen@unr.edu](mailto:rkaiserschoen@unr.edu). Find Washoe County online at <https://extension.unr.edu/4h/washoe.aspx>



## 2025 Expo Entries Due this Month

The Nevada State 4-H Expo is on September 25-28. Use the links below to get the Expo book and entry forms

- The Expo book: <https://nevada.box.com/s/m5qy5z11zsl2emtxszfua1e7cvl05gzz>
- The Expo contest entry forms: <https://nevada.box.com/s/3a4bspnoukpg5z2yo1cnvf32unegv9o0>

Please remember, there is a cover sheet that combines all of the separate contest forms into one space. One cover sheet per youth should be included.

Expo entries are due to your county office by August 29, 5:00 p.m. All paperwork and entry fees must be paid to the State Office by September 2, 5:00 p.m. NO late entries will be accepted.

As a final reminder, the theme this year is Year of the Snake. We encourage you and your families to check out those special horticulture classes (static section) in the Expo book.

Thanks to everyone that has played a hand in getting all of this information ready! Please let us know if you have any questions or problems accessing the documents.

Also, there is a website dedicated to all things related to the State 4-H Expo:

<https://extension.unr.edu/4h/expo.aspx>.

Check it out! We look forward to seeing you at Expo!



### August Dates to Remember

**Aug 2** - Washoe County 4-H Horse Clinic at RSLEC

**Aug 14-17** - Silver State Youth Livestock Show and Expo - Lyon County FG

**Aug 29** - Nevada State Expo entry deadline to county offices.

4-H is a program of University of Nevada, Reno Extension

Find it in  [4-h.org/clover/](https://4-h.org/clover/)

**Take the Apple Taste Test:** Put your taste buds to the test by trying different types of apples to see how scientists have evolved this fabulous fruit over hundreds of years.

Have you ever walked around the produce section of the grocery store? There are many different types of apples. Some are bright red, while others are yellow or green. Some may be tart, while others are sweet. Why are there different varieties of apples?

In this activity, you'll taste different types of apples sold in your area and to identify what makes them different. You might even develop an opinion on which cultivar you favor based on taste and texture!

<https://4-h.org/clover/activities/take-the-apple-taste-test/>

**Clover Clips 4-H Newsletter** is now distributed statewide to all 4-H families, 4-H staff and interested parties. This monthly publication is sent via email around the first of each month. To submit an article for possible use in Clover Clips, please email the text and any graphics to [samm@unr.edu](mailto:samm@unr.edu) by the 20th of each month for following month's newsletter.

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