



University of Nevada, Reno
Extension
College of Agriculture,
Biotechnology & Natural Resources

Boop the Balloon

Materials needed:

- 1- 3 inflated balloons (includes extras in case it pops)

Instructions:

Divide participants into groups of 5-10 people. Each group will need a balloon.

1. Have each group get in a circle with some space between participants.
2. Have participants number off.
3. Participant #1 will toss the balloon into the air and call out a number.
4. The participant with that number will run out and bump the balloon into the air to keep it from hitting the ground while calling out another number.
5. That person will run out and bump the balloon and call out another number.
6. See how long you can keep the balloon from hitting the ground!

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Alternative options for play: Instead of having participants number off, try having each person in the group choose an animal. Before beginning, have the participants tell the group what animal they chose. When calling out an animal to come bump the balloon in the air, be careful not to call an animal nobody has chosen, or the balloon will hit the ground!