



University of Nevada, Reno  
**Extension**  
College of Agriculture,  
Biotechnology & Natural Resources

## Beach Ball Volleyball

### Materials Needed:

- 1 Beach ball
- Volleyball court - can also tie a rope between 2 poles about 6-7 feet high to act as a net



### Set Up:

Set up boundaries of the court, depending on the space you have with the “net” halfway between the two endlines. Divide participants into two teams and place teams on either side of the “net”.

### How to Play (use standard volleyball rules):

The game begins with a serve. A player from the serving team hits the ball over the net to the opposing team. The serve must be made from behind the end line and can be done either underhand or overhand.

After the serve, teams hit the ball back and forth over the net. Each team can touch the ball up to three times (in addition to blocking) before it must go over the net.

The team that served the ball gets a point if:

- The ball lands in the opponent’s court
- The opponent fails to return the ball
- The opponent commits a fault (double hit, four touches, touches the net, crosses centerline)

When the receiving team wins a rally, they gain the right to serve and rotate positions clockwise (though no point is awarded). The player in the right front position moves to the right back position to serve.

A game is usually played to 25 points, but teams can decide what score they want to play to prior to starting the game.

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