

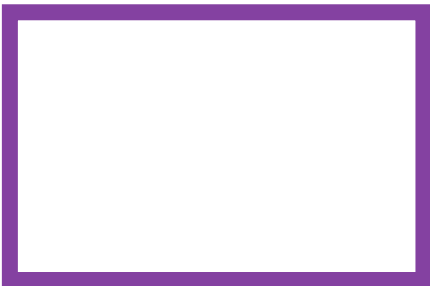
Cardio Activity



Strength Activity



Cardio and Strength Mixed Activity



Team Game



Nutrition Activity